**d'l:nd ;d'bfosf] wfld{s tyf :ffF:s[lts ;Dkbfsf] cj:yf cWoog**

k]z ul/Psf] lgsfo

/fli6«o d'l:nd cfof]u

j}slNks lzIff tyf ljsf; k|lti7fgsf] tkm{af6 cWoogstf{x?

k|f= 8f= ljBfgfy sf]O/fnf

8f= ef]nf k|;fb bfxfn

8f= ;/:jtL ef/tL

/fhs'df/ b'nfn

pQd a;]n

lgd{n ld>

l8NnLahf/, sf7df08f}

@)&)

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# laifo;'rL

cWoogsf] ;f/ #

Kf[i7Ef'ld ^

cWoog ljlw \*

d'l:nd ;d'bfosf] ef}lts ;Dkbf !!

d'l:nd ;d'bfosf ;f+:s[lts ;Dkbf $#

cWoogsf] pknAwL /

d'l:nd ;Dkbfx?sf] ;Daw{g / lasf;sf pkfox? %@

cg';'rLx? %^

**cWoogsf] ;f/**

g]kfndf d'l:ndx?sf] pNn]Vo ;+Vof 5 . ltgsf cg]sg\ ;Dkbfx? Kflg 5g\ . tL ;Dkbfx?sf] l:ylt s] 5, ltgsf] ;Djw{g / ljsf;sf nflu s] s:tf pkfox? Ufg'{k5{, tyf d'l:nd snf, sf}zn / /Lltl/jfhx?sf] ljsf; ug{ s] ug'{k5{ egL kQf nufpg of] cWoog ul/Psf] lyof] . cWoogsf] z'?jftd} /fli6«o d'l:nd cfof]usf cWoIf ;b:o tyf ToxfF sfo{/t pk;lrjHo";Fu 5nkmn ul/Psf] lyof] . pxfFx?sf] 5nkmnsf] cfwf/df cWoog ;fd|uLx? Tfof/ kfl/Psf] lyof] . o;/L tof/ kfl/Psf] ;fd|uLx? pk/ pxfFx?sf] ;dfnf]rgfTds l6Kk0fL ;+sng ul/Psf] lyof] . tL l6Kk0fLx? ;dfj]z u/L cWoog ;fdfu|LnfO{ clGtd ?k lbOPsf] lyof] . o; qmddf /fli6«o tyf cGt/f{li6«o b:tfj]hx?sf] klg ljZn]if0f ul/Psf] lyof] .

cWoog 6f]nLdf !@ hgf JolQmx? lyP . ltgdf $ hgf u}/ d'l:nd lyP . cWoogsf] ljZj;gLotfsf nflu of] k|lqmof ckgfOPsf] lyof] . o; afx]s JolQm ljZf]ifn] eg]sf s'/fx? pgLx?nfO{ g} ;'gfP/ (member checking), ;d"xnfO{ ;'gfP/ (debriefing) / d'l:nd ;d'bfosf lj1x?aLr cWoogsf] lgrf]8 k|:t't u/]/ (dissemination) o;sf] ljZj;gLotf ;'lglZrt ul/Psf] lyof] .

gjnk/f;L, ?kGb]xL, slkna:t', bfª / tgx'F cWoog :ynx? lyP . /fli6«o d'l:nd cfof]un] g} tL :ynx? Tff]lslbPsf] lyof] . o; cy{df cWoogn] d'l:nd ax'n t/fO / kxf8sf a:tLx?sf] k|ltlglwTj u/]sf] lyof] . cWoogsf] qmddf dl:hb, db/;f, Obufxf, sa|:yfg / s/jnfsf] l:ylt ljZn]if0f ul/Psf] lyof] . o;}u/L d'l:ndx?sf] hGdb]lv d[To';Ddsf ;+:sf/, pgLx?sf cf:yfut :s"nx?aLrsf] cGt/;DjGw, tyf ltgsf rf8kj{df ePsf ;f+:s[lts ;Dkbfx?nfO{ klg cWoog ul/Psf] lyof] . o;/L ljljw tl/sfaf6 ;+slnt hfgsf/Lx?nfO{ ef}lts ;Dkbf, snfsf}znLo ;Dkbf, ;f+:s[lts ;Dkbf / jfª\doLo ;Dkbf egL ljZn]if0f ul/Psf] lyof] .

cWoogn] b]vfof] ls ef}lts ;Dkbfx? sxfF sxfF 5g\ eGg] s'/f d'l:nd ;d'bfosf] a'h|'ux?nfO{ hfgsf/L lyof] t/ tL ;Dkbfx?sf] cBfjlws clen]v eg] ;/sf/L sfof{no tyf d'l:nd ;+3 ;+:yfx?df lyPg . cWoogn] of] klg b]vfof] ls z}lIfs d'nwf/df Nofpg] ;/sf/L gLltn] ubf{ db/;fx?sf] ;"rL lhNnf lzIff sfof{nodf lyof] . s]xL dl:hbx? lhNnf ljsf; ;ldltsf] sfof{nodf klg btf{ ePsf lyP . Obufxf, s/jfnf / sa|:yfgsf] hfgsf/L eg] ;DjlGwt d'l:nd ;d'bfo / ltgsf l5d]sLnfO{ dfq} lyof] .

;lbof}+ k'/fgfdf tgFx'sf] buf{hfd] dl:hb, as}n] hfd] dl:hb / sf}/f ufpF dl:hb lyP . bfªsf] hfd] dl:hb cNf ;lNkmof ;f]xL k|s[ltsf] lyof] . slknj:t'sf] hfd] dl:hb, ?kGb]xLsf] /hfd] d':tfkmf / gjnk/f;Lsf] 3f]8kfnL klg P]ltxfl;s ;Dkbfsf] ?kdf lyP . tL ;Dkbfx?sf] ef}lts l:ylt ck]lIft :j?ksf] lyPg . d'l:ndsf] kljq ;Dklt dfq} dl:hbdf nufpg'k5{ eGg] dfGotfn] ubf{ of] l:ylt cfPsf] kfOof] . cxn]–xlb;sf] j:tL ePsf s]xL 7fFpsf dl:hbx? Efg] ck]lIft l:yltdf lyP . sltko dl:hbx? JolQmut hUufdf lyP eg] slt P]nfgLdf lyP . Psfwsf] dfq} cfkm\g} gfddf hUuf lyof] .

Dfl:hb em} k'/fgf geP klg kfFr bzs gf3]sf s]xL db/;fx? Kflg lhNnf lhNnfdf kfOPsf lyP . tgxF'sf] v'bfjs; w]/} k'/fgf] /x]sf] kfOof]] . bfªsf] bf?nx'bf cNf ;lNkmof, slkna:t'sf] d's{hL gOd'ncf]n'd, ?kGb]xLsf] uf}l;of cxn] ;'Ggt ul/a gjfh / gjnk/f;Lsf] cn dxfb'n O:nfdL cn ;lNkmof klg k'/fgf ;Dkbfsf] ?kdf /x]sf] kfOof] . ;a} lhNnfsf dl:hbx?sf] l:ylt Ps ;dfg lyPg . d'l:ndx?sf] cfly{s l:ylt / aflx/L ;|f]t kl/rfng ug{ ;Sg] Ifdtfsf sf/0fn] To;f] ePsf] lyof] . t/ Pp6f 66\sf/f] l:ylt s] kfOof] eg] ljutsf jif{x?df db/;f tyf dl:hbx?sf] ;+Vof rflxF j9\g] qmddf 5 . w]/} db/;f tyf dl:hbx?sf] klg hUufsf] :jfldTj lyPg .

tgxF'sf] rf]sfuf] Obufx, bfªsf] /fdk'/ Obufx, slkna:t'sf] dx/fhu+h Obufx, ?kGb]xLsf] b'a}lnof Obufx, / gjnk/f;Lsf] s'l8of Obufx klg P]ltxfl;s :j?kdf lyP . k|fy{gf :ynsf] ?kdf /x]sf oL Obufxx?sf] l:ylt klg ck]lIft lyPg . hUufdf 3';k}7 x'g' / 3]/fj]/f gx'g' o;sf k|d'v ;d:of lyP .

s/jnf klg Obufx h:t} k|fy{gf :yn xf] . tgx'Fdf s/jnf kfOPg . bfªsf] s/jnf /fdk'/, slkna:t'sf] gOd'ncf]n'd, ?kGb]xLsf] ljz'gk'/f / e/tk'/ tyf gjnk/f;Lsf] s'l8of k'/fgf ;Dkbfx? dflgPsf lyP .

sa|:yfg d'l:ndsf] csf]{ ;Dkbf xf] . tgxF'sf] gfuuf8] l;/fgufFp, ;f]ljgLsf] u}/f], ags6f s'jfkfgLsf] kv]/f], lrnfpg] vs{, sfkmn;]/f] / cs}of ufFp d'l:ndsf P]ltxfl;s sa|:yfg x'g\ . bfªsf k;]{gL / u+ufk/:k'/, slkna:t'sf dxf/fhu+h jLhuf6L, ?kGb]xLsf] ksl8xf / gjnk/f;Lsf] 3f]8kfnL klg P]ltxfl;s sa|:yfgsf] ?kdf dflgPsf lyP .

cWoog 6f]nLn] d'l:nd ef}lts ;Dkbfx?nfO{ ko{6lso :ynsf] ?kdf ljsf; ug{ ;lsg] ;+efjgf klg klxNofPsf] lyof] . gjnk/f;Lsf] dbf/afaf tyf hfnLdafaf dhf/, tgxF'sf] ;tL:jf/f lsxF' ufpFsf dl:hbx?, slkna:t'sf] dlbgf dl:hb, ?kGb]xLsf] /hfo] d':tfkmf, gjnk/f;Lsf] 3f]8kfnL / /hf dl:hb, / bfªsf] b]pv'/Ll:yt dl:hbnfO{ ko{6sLo :ynsf ?kdf ljsl;t ug]{ ;+efjgf b]lvof] . o;sf nflu b]paGbL, a/]nL , cxn]–xlb; h:tf ljleGg ljrf/ -schools\_ df afFl8Psf g]kfnL d'l:ndx?sf] ;xdlt h?/L b]lvof] . lsgls s'g d'l:nd / s'g u}/ d'l:nd dfGotfsf :ynx? x'g\ eGg] s'/fdf oL ;d'bfosf JolQmx?sf] dt afFl8Psf] lyof] .

d'l:ndsf ;f+:s[lts ;Dkbfsf] ljZn]if0f ubf{ yfxf eof] ls pgLx?df ldqtfefj lyof] . u}/ d'l:ndnfO{ Obufxf, s/jnf / db/;fdf lgDTofpg] ;+:sf/ lyof] . Jofkf/ ug]{ l;k lyof] . o'4snf lyof] . sk8f / efF8f jt{gdf cfkm\gf]kgf lyof] . dl:hb, Obufx s/jnfdf, / db/;f tyf 3/3/df cl4tLo snfsf}zn lyof] . efiff ;flxTosf] cfFvfaf6 x]bf{ uhn, sf}jfnL, gf]xf, zfo/L, tyf gftz/Lkm h:tf ;Dkbfx? lyP . c/jLdf wfld{s uLt / :yfgLo efifdf uLt sljtf n]Vg] kf}/fl0fs ;+:sf/ lyof] .

;du|df x]bf{ hUufsf] :jfldTj gx'g', P]nfgL jf ktL{ hUufdf dl:hb, db/;f, Obufxf / s/jnf aGg', ltgsf] cBfjlbs clen]v st} gx'g', ePsf ef}lts ;+Dkbfx?sf] plrt ;+/If0f gx'g', ltgnfO{ ko{6sLo b[li6n] ljsl;t gul/g', k'/fgf ;Dkbfx?nfO{ /fli6«o Pj+ cGt/f{li6«o ;Dkbfsf] ?kdf k|j4{g gul/g' ;d:ofsf ?kdf kfOPsf lyP .

Df'l:ndsf vfgf, sk8f, sfl/u/Lx?sf] u}/ d'l:nd ;d'bfodf ePsf] lj:tf/jf6 cGo ;+efjgfx? Kflg b]lvPsf] lyP . o;/L g} ;'GgL zfvfs} d'l:nd eP klg :s"n lkR5]sf km/s dfGotf af]s]sfn] b]paGbL, a/]nL, / cxn]–xlb;sf ;d'bfox?df ;}4flGts Pj+ Jojxfl/s leGgtfx? lyP . wd{n] kfFr vDafdf d'l:ndnfO{ Pp6} ;d"xsf] ?kdf lrgfP klg :s"nsf cfwf/df pgLx? Kfm/s lyP .

Dfflysf pknJwLsf] cfwf/df cWoog 6f]nLn] lgDglnlvt sfo{x? ul/g'k5{ egL l;kmfl/; ul/Psf] 5 .

-s\_ d'l:nd ;Dkbfx?sf] cBfalws laa/0f tof/ ul/g'kg]{ .

-v\_ tL ;Dkbfx?sf] juL{s/0f u/L wfld{s ko{6sLo If]qsf] ?kdf ljsl;t ul/g'kg]{ .

-u\_ clxn] b]lvPsf ;Dkbfx?;Fu ;DjlGwt ;d:ofx? ;dfwfg ug{ :yfgLosf ;fy;fy} /fli6«o :t/df kxn ul/g' kg{] .

-3\_ d'l:nd ;Dkbf ;+/If0f sf]if v8f ul/g'kg]{ .

-ª\_ km/s :s"nn] ubf{ km/s dfGotfx?df /x]sf] ljZjf; / Jojxf/sf ljrdf b]lvg] km/skgx?sf] ;Ddfg ub}{ ltgsf] dhxjL j[If tof/ ul/g'kg{] . d'l:nd wd{sf lj1n] tof/ kfg]{ ;f] j[Ifsf] cfwf/df Ps csf{nfO{ a'em\g] / :jLsfg]{ k/Dk/f a;fpgsf nflu tflnd s]Gb|sf] :yfkgf ul/g'kg]{ .

-r\_ d'l:nd ;d'bfosf /fd|f cEof;x?sf] vf]hL u/L 5fkf tyf ljB'lto clen]vLs/0f ul/g'kg{] .

# ! Kf[i7Ef"ld

æO:nfdÆ c/aL zAb xf] . o;sf] cy{ zflGt, cfb]z dfGg'', cfTd ;Dfk{0f ug''{ jf cf1f kfng ug''{ xf] . o; wdf{jnDaLsf kfFr ljZjf;sf vDafx? 5g\ . tL x'g\ –-s\_ dfq Ps cNnfx -OZj/\_ df ljZjf;, -v\_ gdfhsf] -lbgsf] kfFr k6s ul/g] k|fy{gf, gdfh k9\g ;a}sf nflu\_ clgjfo{tf, -u\_ hsft cyf{t\ cfkm\gf] cfDbfgLsf] @=%∞ bfg ug]{ k|jGw, -3\_ /f]hf cyf{t\ c/aL Sofn]G8/ cg';f/ k|To]s aif{sf] /dhfg dlxgfdf a:g] Ps dlxgfsf] a|t, -ª\_ xh cyf{t\ Ifdtfjfg dlxnf tyf k'?ifn] hLjgdf Ps k6s clgjfo{ ?kdf ug'{ kg]{ ;fpbL c/]ljofsf] dSsfdf ePsf] sc\jf ;d]tsf] ofqf .

O:nfd wd{sf] wfld{s u|Gy s'/cfg xf] . s'/cfg cNnfxsf] æsnfdÆ cyf{t\ æO{Zj/jf0fLÆ xf] . o;df cNnfxsf (( j6f gfdx? pNn]v 5g\ . z"Goaf6 ;[li6 ug]{ hGdbftf x'gfn] cNnfxnfO{ cn vflns elgG5 (Al-Khaliq, the creator, who created from nothing all creatures), yl/ yl/sf hLj lglh{jsf] >i6f x'gfn] cn d';flkm/ elgG5 . (Al Mussawir, one who created various forms and shapes) df6f] jf k|ls[ltaf6 ;[li6 ul/Psf] x'gfn] cNnfxnfO{ cn af/L elgG5 . (Al-Baari, who made man from clay) elgG5 . o;/L sfd cg';f/ s'/cfgn] cNnfxsf cg]sg\ gfd lbPsf] xf] . gfd h] hlt eP klg cNnfx Ps x'g\ . O:nfddf Ps]Zj/afb /x]sf] 5 . s'/cfg cNnfxsf] æsnfdÆ cyf{t\ æO{Zj/jf0fLÆ xf] / To;df ePsf k|To]s zAb cNnfxsf x''g\ .

csf]{ z/Lctæ wd{zf:qÆ xlb; xf] . o;df cNNffxsf clGtd k}uDa/ d''xDdb -;NnNnfx' cn}lx j ;Nnd \_ n] lbg'' ePsf ;Dk"0f{ lzIffx?sf] ;+u|x 5 . o;/L s''/cfg / xlb; dfq O:nfdsf wd{u|Gyx? x'g\ . s'/cfg / xlb; dfgj hLjg ;kmn kfg]{ k|d'v cfwf/ dflgG5 . O:nfd wd{df sdf]j]z !,@$,))) k}uDa/x? dfga hLjg ;kmn agfpgsf nflu of] ;+;f/df cfPsf]] ljZjf; ul/G5 .

o; cWoogdf rflxF O:nfd wd{sf] cy{ cNnfxsf] cf1f kfng / O:nfd wd{ cjnDag ug]{nfO{ d'l:nd elgG5 eGg] cy{df lnOPsf] 5 .

Wffld{s lx;fadf O:nfd wd{ cjnDag ug]{ ;a} d'l:nd x'g\ . ;j}n] Ps cNnfxdf ljZjf; u5{g\ . s'/cfg / xlb;df cf:yf /fV5g\ . df]xDdb -;NnNnfx' cn}lx j ;Nnd\_ nfO{ clGtd gjL dfGb5g\ . d'l:ndx? l;of / ;''GgLdf ljeflht ePsf] kfOG5 . g]kfndf lzof d'l:ndx? 5}gg\ .

c/jL efiffdf ;'GgLsf] cy{ xf] – gjLsf] k/Dk/f dfGg' . of] k/Dk/f dfGg]sf] k'vf{n] cj'js/nfO{ O:nfdsf] klxnf] vflnkm dfg]sf] kfO{G5 . pgL df]xDdb -;Nnd\_ sf ;fyL / ;Nnfxsf/ klg x'g\ . ;+;f/df of] ;d'bfosf] ;+Vof em08} \*%∞ 5 . g]kfnsf O:nfd wdf{nDaLx? oxL ;d'bfosf x'g\ . logdf klg cWoog ul/Psf lhNnfdf a/]nL , b]paGbL / cxn] xlb; dStAf] lkmqmsf d'l:ndx?sf] a;f]af;f] u/]sf] kfO{of] .

d'l:ndx?sf cg]sg\ klxrfgL ;Dkbfx? 5g\ . tL ;Dkbfx?sf] vf]hL ePsf] 5}g . To;sf] cflwsfl/s clen]v klg st} 5}g . o; l:yltdf of] cWoog ul/Psf] lyof] . cWoogsf] lgDglnlvt pb]Zox? lyP .

s\_ d'l:nd wfld{s :ynx?sf] cj:yf cWoog u/L ltgLx?sf] ;Daw{g / lasf;sf pkfox? klxrfg ug{' .

v\_ d'l:nd wdf{jnDaLsf ;f‘:s[lts dxTjsf rf8kj{, snfsf}zn / l/tLl/jfhsf] lasf;sf nflu pkfox?sf] klxrfg ug{' .

# @= cWoog ljlw

s\_ cWoog z'? ug'{k"j{ cWoog 6f]nLn]] /fli6«o d'l:nd cfof]usf kbflwsf/Lx?;+u cf}krfl/s 5nkmn u/]sf] lyof] . 6f]nLn] cWoog k|:tfagf (proposal), pb]Zo / cWoog ljlwsf ;DjGwdf cfof]usf ;b:o tyf pk–;lrasf] -cg';"lr @\_ klg ljrf/ lnof] . cfkm"n] tof/ kf/]sf] cWoog ;fdfu|L (study tools ) df s'g k|Zg /fVg] / s'g g/fVg] eGg] ljifodf rrf{ u/\of] . clg cWoog ul/g] lhNnfdf s'g s'g d'l:nd JolStx?;+u ;Dks{ u/L ;xof]u lng] eGg] s'/fsf] to u/\of] .

/fli6«o d'l:nd cfof]usf kbflwsf/Lx?sf] ;Nnfx Pj+ ;'emfjsf cfwf/df cWoog 6f]]nLn] cfkm\gf] sfo{qmd tyf cWoog ;fdfu|Ldf cfjZos km]/jbn u/L To;nfO{ clGtd ?k lbof] . clGtd ?k lbOPsf] sfo{qmd tyf cWoog ;fdu|L cfof]usf pk;lrjdfkm{t ;a} kbflwsf/Lx?df hfgsf/L u/fOPsf] lyof] .

-v\_ cWoog 6f]nL M cWoog 6f]nLdf !@ hgf ;b:ox? lyP . ltgdf d'l:ndsf cnjf cGo JolQmx? klg ;dfj]z ul/Psf lyP . d'l:nd ;d'bfo;+u ;'dw'/ ;DaGw agfpg / jf:tljstfsf] vf]hL ug'{ o;sf] pb]Zo lyof] . k|f= 8f= ljBfgfy sf]O/fnfsf] g]t[Tjdf ePsf] cWoog 6f]nLdf lgDglnlvt ;b:ox? lyP eg] d'xdbLg cnL, 8f= lagf]b kf]v/]n / 8f= ef]nfk|;fb bfxfnn] cWoogdf ;3fpg'ePsf] lyof] .

!= piff zfx kmls/ ;xhstf{

@= /lkms ldof ;xhstf{

#= cAb'n /pkm vf ;xhstf{

$= csjfn cxdb vfF ;xhstf{

%= xfhL a'bg cnL ;xhstf{

^= df]xDdb lghf d'lxg ;xhstf{

&= hfa]b cG;f/L ;xhstf{

\*= /fhs'df/ b'nfn cWoogstf{

(= 8f= ;/:jtL ef/tL cWoogstf{

!)= pQd a;]n cWoogstf{

!!= lgd{n ld> cWoogstf{

cfjZostf / ;dosf] pknAwtf x]/L d'l:nd ;xhstf{{x?sf] ;+Vof lgwf{/0f ul/Psf] lyof] . o;f]ubf{ ;a} d'l:nd ;xhstf{{x? cf–cfkm\gf ;d'bfosf lj1 x'G5g\ eGg] b[li6sf]0f lnOPsf] lyof] . lsgls pxfFx? cWoog;+u ;DjlGwt lhNnf Pj+ ;d'bfos} JolQmx? x'g''x'GYof] . To;sf] ;fy;fy} lhNNff lhNnfdf d'l:nd tyf u}/d'l:nd cWoogstf{x?jLr cWoog k|:tfjgfaf/] cgf}krfl/s cGt/lqmof ePsf] lyof] . o; qmddf d'l:nd ;xhstf{÷cWoogstf{x?nfO{ cWoogsf] pb]Zo, ljlw, ;fdu|L cflbaf/] hfgsf/L u/fPsf] lyof] . u}/ d'l:nd cWoogstf{x?n] rflx ;DjlGwt cWoog If]qsf] a:t'l:yltsf] hfgsf/L lnPsf lyP .

u\_ cWoog ;fdu|L

cfjZos tYof+s ;+sngsf nflu j}slNks lzIff tyf ljsf; k|lti7fgsf lj1x?n] cWoog ;fdu|L agfPsf lyP . cGtjf{tf{ / ;d"x 5nkmnsf nflu leGgleGg} k|ZgfjnLx? lyP . c+u|]hLdf agfOPsf k|ZgfjnLx? kl5 g]kfnLdf cg'jfb ul/Psf] lyof] -cg';"lr !\_ . tL cg'lbt k|ZgfjnLx? k'gM /fli6«o d'l:nd cfof]usf kbflwsf/Lx?nfO{ cWoogfy{ k7fOPsf] lyof] . To;f] ug'{sf] pb]Zo lyof] – k|ZgfjnLnfO{ cflwsfl/s agfpg' / To;sf sdL sdhf]/Lx? x6fO{ clGtd ?k lbg' .

3\_ b:tfj]h cWoog

cg';Gwfgstf{x?n] d'l:nd ;d'bfosf] hfgsf/L lbg] ;fdu|Lx?sf] cWoog u/]sf lyP . gofF cg';Gwfgstf{x?nfO{ d'l:nd ;d''bfo ;DaGwL tL cWoogx?af6 k|fKt hfgsf/Lx? lbOPsf] lyof] . o;f]ubf{ pgLx?n] d'l:nd ;d'bfox?sf] lrGtgut ;dfgtf Pj+ km/sx? klxNofpg ;s]sf lyP . o; afx]s k|ltj]bgnfO{ blx|nf] agfpg klg b:tfj]hsf] cWoogn] ;3fPsf] lyof] .

**cWoog :yn**

d'l:nd ;d'bfosf ;Dkbfsf] cWoogsf nflu /fli6«o d'l:nd cfof]un] g} lglZrt lhNnfx? tf]lslbPsf] lyof] . o;f] ubf{ cfof]un] d'l:nd hg3gTj / d'l:nd ;d'bfosf] k|ltlglwTj u/]sf] lyof] . cWoogdf % j6f lhNnfx? tf]lsPsf] lyP . tL x'g\–gjnk/f;L, ?kGb]xL, slkna:t' , bfª / tgx''F . ef}uf]lns lx;fan] oL lhNnfx?n] t/fO, kxf8 tyf leqL dw]zsf] k|ltlglwTj u/]sf lyP . o; qmddf g]kfnsf ;''GgL d''l:nd ;d''bfoleqsf b]paGbL, a/]nL / cxn]–xlb;sf] ;Dkbfx? klxNofOPsf] lyof] .

d'l:nd / u}/d'l:nd cWoogstf{x?n] ;DalGwt lhNnfdf k'u]/ d'l:nd cWoogstf{, df}njL, df}nfgf, cflnd / cGo hfgsf/Ljfnfx?;+u a;L ;Dkbfx?sf] ;"rL agfPsf lyP . o;f]ubf{ d"ntM ef}lts ;DkbfnfO{ cfwf/ dflgPsf] lyof] . ;f]xL ef}lts ;Dkbfsf] cfwf/df To; 7fFpsf] ;f+:s[lts ;Dkbf tyf snfsf}znLo ;Dkbfsf] vf]hL ul/Psf] lyof] . ;Dkbfsf] klxrfg ul/Psf lhNnf / :yfgsf] gfdfjnL tnsf] tflnsfdf lbPsf] 5 .

tflnsf !

ef}lts ;Dkbf cWoog ul/Psf :ynx?

|  |  |  |
| --- | --- | --- |
| lhNnf | cWoog ul/Psf ef}lts ;Dkbfx? | cWoog ul/Psf :yn |
| bfª  gjnk/f;L  tgx'F  ?kGb]xL  slknj:t' | dl:hb  db/;f  Obufxf  sa|:yfg  s/anf  dhf/ | lhNnfsf laleGg :yfgx? |

dflysf] tflnsfn] b]vfp5 ls cWoogstf{x?n] d"ntM dl:hb, db/;f, Obufxf sa|:yfg, s/anf cflbsf] cWoog u/]sf lyP . o; qmddf pgLx?n] tt\:yfgsf d'l:ndx?sf] hGdb]lv d[To' ;+:sf/, ltgdf k|of]u x'g] snfsf}zn tyf cGo hfgsf/Lx? ;+sng u/]sf lyP .

**tYofªssf] cflwsfl/stf**

k|fKt tYofªssf] cflwsfl/stfsf nflu ljljw pkfox? ckgfOPsf] lyof] . klxnf], d'l:nd tyf u}/d'l:nd ;xhstf{÷cg'';Gwfgstf{x?n] Ps ;fy pQ/bftfx?;+u 5nkmn / cGt/jf{tf{ u/]sf lyP . bf];|f], pQ/bftfn] lbPsf] hjfkm / cWoogstf{n] b]v] a'em]sf] s'/fnfO{ a]n'sLsf] e]63f6df ;xhstf{÷cg'';Gwfgstf{x?aLr 5nkmn ug]{ ul/Psf] lyof] . ;f] cg';f/ ef]lnkN6sf] nflu s] s:tf k|Zg jf ljifox?df Wofg lbg] egL 5nkmn ePsf] lyof] . t];|f], ;a} cWoog :ynx?sf] cWoog sfo{ ;lsPkl5 ;xhstf{÷cWoogstf{x?n] cfkm"n] kfPsf s'/fx? d'l:nd ;d'bfosf cu'jfx?nfO{ ;'gfPsf lyP . Psflt/ Tof] ;'gfO sfo{ -debriefing session) af6 tYofssf] cflwsfl/stf k|fKt ePsf] lyof] eg] csf]]{lt/ cWoog ug{ ;3fpg] yk s'/fx? klg k|fKt ePsf] lyof] .

**tYof+s ljZn]if0f / k|:t'lt**

cjnf]sg, cGt/jf{tf / 5nkmnaf6 k|fKt hfgsf/Lx?nfO{ laifout ?kdf auL{s/0f ul/Psf] lyof] . auL{s[t -classified) hfgsf/LnfO{ ef}lts ;Dkbf, snfsf}znLo ;Dkbf, ;f+:s[lts ;Dkbf / jfªdoLo ;Dkbf u/L rf/ ;d"xdf k|:t't ul/Psf] lyof] . k|To]s ;d"xsf] k|:t'tLdf lhNnfut tyf s"n ;D+kbf egL JoQm ul/Psf] lyof] .

# #= d'l:nd ;d'bfosf] ef}lts ;Dkbf

wfld{s If]qsf ;fj{hlgs ;DkbfnfO{ d'l:ndsf] ef}lts ;Dkbf dflgPsf] xf] . lhNnf lzIff sfof{nodf btf{ ePsf ;Dkbfx?df db/;fx? kb{5g\ . s]xL dl:hb, sa|:yfg cflb eg] lhNnf dfnkf]t sfof{nodf btf{ ePsf 5g\ . ;+:yfut ?kdf eg] s'g} klg d'l:nd ;d'bfon] tL ;+kbfx?sf] clen]v /fv]sf] kfOPg . o; l:yltdf lhNnf lzIff sfof{no tyf cGo ;+:yfdf btf{ ePsf Pjd\ cWoogaf6 k|fKt d'l:ndsf ;Dkbfx? lgDg k|sf/sf lyP .

tflnsf @

lhNnfut ;Dkbfx?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| lhNnf | db/;f s'n ;+Vof | dl:hb | sj|:yfg | Obufxf | s/jnf | dhf/ |
| tgx"F | #$ | @% | !^ | ! | ) | ) |
| bfª | !( | @) | !$ | % | # | ) |
| ?kGb]xL | !!% | !\*) | %) | ^) | !% | ) |
| slknj:t' | !@) | #&) | !%% | $) | !% | # |
| gjnk/f;L | %# | %^ | ^@ | @( | #! | @ |

db/;f h:tf ;+:yfx? lzIffsf] d"nwf/ sfo{qmd cGtu{t btf{ ePsf lyP . ltgdf klg cem} btf{ x'g afFsL db/;fx? klg lyP . db/;fx? Df"ntM wfld{s z}lIfs ;+:yf ePsf / btf{ ubf{ / gubf{sf] xLt cxLtsf b'ljwfn] ubf{ pgLx?n] btf{ gu/]sf] s'/f atfPsf lyP . To;}u/L s]xL dl:hbx? lhNnf k|zf;g sfof{nodf btf{ / gljs/0f ul/Psf lyP . btf{ x'Fbf kmfObf s] x'g] < eGg] k|Zg ;a} lhNnfsf pQ/bftfx?n] p7fPsf lyP . o; afx]s d'l:nd ;+3;+:yfx:n] ;d]t ;Dkbfx? btf{ ug]{ k|rng gePsf]n] klg s] s:tf] cj:yf 5 egL ;xh} yfxf kfpg sl7g ePsf] lyof] .

**ef}lts ;Dkbfsf] l:ylt**

d'l:ndsf ef}lts ;Dkbfdf dl:hbx? pNNf]Vo kfOP . sj|:yfg / Obufx eg] sfd rnfpsf] l:yltdf /x]sf kfOP . lhNnfdf ePsf s]xL k'/fgf dl:hbx?sf] tYof+s o; k|sf/sf] kfOof] .

o; l:yltdf o; cWoogn] ljqmd ;+jt @))) ;fneGbf cufl8sf dl:hbnfO{ k'/fgf ef}lts ;Dkbfsf] ?kdf lnPsf] 5 . ltgLx?sf] l:ylt o; k|sf/sf] 5 .

tflnsf #

P]ltxfl;s dl:hbx?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| tgxF' | bfª | slknj:t' | ?kGb]xL | gjnk/f;L |
| buf{hfd] dl:hb dfemufpF, la=;+= !#!&  js}n] hfd] dl:hb as}n], la=;+= !\*&!  u}/fufpF dl:hb u}/fufp, la=;+=!()) | hfd] dl:hb cNf ;lNkmof  3f]/fxL g=kf= jf8{ g+= –@  la=;+= @)@@ | hfd] dl:hb, slknj:t'  la=;+= !(\*\* | /hfo] d':tkmf dl:hb ;ldlt j'6jn  b'O;o jif{ k'/fgf] | Dfl:hb 3f]8kfnL  /fdu|fd g= kf #, gjnk/f;L  !@% jif{ k'/fgf] |

dflysf] tflnsf / cg';"rL # sf] :f"rLn] dl:hbx?sf] ;FVof / P]ltxfl;stf b]vfpF5 . ldlt Plsg gePsf k'/fgf dl:hbx? Kflg y'k|} kfOP . o:tf dl:hbx?sf] hu]gf{ ug]{ ;d:of klg plts} b]lvPsf] 5 . cfˆgf] ;d'bfosf] cfly{s Ifdtfn] gEofpbf / hsftsf] /sdaf6 db/;f / dVtj ;~rfng ubf{ klg dl:hbdf vlr{g] /sd ck'u x'g] s'/f e]l6of] . cGo vfn] P]ltxfl;s ;Dkbfdf klg ToxL s'/f nfu" ePsf] kfOG5 .

**P]ltxfl;s db/;f Pj+ dVtjx?**

db/;f / dVtjx? d'l:ndsf dhxjL z}lIfs ;+:yfx? x'g\ . hsft, rGbf / ;/sf/L tyf u}/;/sf/L ;xof]ujf6 tL ;+:yfx? rln/x]sf] kfOof] . d'l:nd ;d'bfon] oL lzIffnox?dfkm{t g;{/Lb]]lv :gfts tx;Dfsf] lzIff xfl;n ul//x]]sf] e]l6of] . dVtjn] g;{/L txsf / db/;fx?n] ljBfno / sn]h txsf] dhxjL lzIff lb+b} cfPsf] kfOof] . ;j}df df}njL jf df}Nffgfx? sfo{/t ePsf] kfOof] . s'/cfg ;l/kmdf cNnfxsf] klxnf cfb]z xf] æOqmÆ h;sf] dtnj xf] – k9 / ONd -;Lk / lzIff\_ xfl;n u/ . oL b'j} s'/f dfGg' x/]s d';ndfgsf] kmh{ -clgjfo{\_ xf] eGg] s'/f s'/cfg / xlb;df pNn]v ul/Psf] kfOG5 . ;f]xL wd{u|Gydf h:n] cfˆgf jfnjflnsfnfO{ k9fpF5 To;n] hGgt -:ju{\_ k|fKt u5{ eg]sf] 5 -Shrawani, 2010\_ . oL wfld{s cfb]zx?n] ubf{ klg d'l:nd ljBfyL{x? db/;fx?df cWoog/t 5g\ . db/;fx?df k9fO x'g] ljifoaf6} cg]sg\ yl/sf O:nfdL l8u|L k|fKt ug]{ k|fjwfg 5 . h:tf] M–s'/cfg s07:y u/]df xflkmhsf] l8u|L k|fKt x'G5 . cy{ ;lxt k9\g ;s]df df}njL tyf df}nfgf ;d]tsf] pkfwL xft nfU5 . o;}u/L db/;fn] sfhL / d'kmtL;Ddsf] pkfwL k|bfg ug]{ u/]sf 5g\ . cWoog ul/Psf ;j} lhNnfdf cflnd / xflkmh txsf] pkfwL lbg] k|jGw lyof] eg] slknj:t'df rflx df}nfgf tx;Ddsf] pkfwL lbg] db/;fx? lyP . ;f] lhNnfdf d'l:nd dlxnfnfO{ pRRf lzIff lbg] dlxnf db/;f klg lyP . tnsf] tflnsfn] P]ltxfl;s ;Dkbf dflgg] s]xL db/;fx?sf] lhNnfut ;"rL lbPsf] 5 .

tflnsf $

P]ltxfl;s db/;fx?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| tgx'F | bfª | slknj:t' | ?kGb]xL | gjnk/f;L |
| Vf'bfjsz db/;f,  ;lt:jf/f $, dfemufpF  ldlt olsg gePsf] | db/;f bf?nx'bf cn ;lNkmof k|f=la=  3f]/fxL g=kf= jf8{ g+= –@  @)@% la=;+ eGbf cufl8 | db/;f ds{hL gOd'ncf]n'd  lj=;+= @))$ | uf}l;of cxn] ;'Ggt u/Lj gjfh  lj=;+= !(%) | cn dxfb'n O:nfdL cn ;lNkmof  /fdu|fd g= kf #,  \*) jif{ k'/fgf] |

dl:hbx?em}+ db/;fx? klg kl5Nnf] ;dodf a9]sf] b]lvG5 -cg';"lr $\_ . cfˆgf] dhxjL klxrfgnfO{ sfod /fVg rfxg], ;/sf/L gLltcGt{ut cfly{s ;xfotf klg kfpg], tyf :jb]zL Pj+ ljb]zL bftfx?n] ;xof]u ug]{ k/+k/fn] ubf{ oL ;+:yfx? a9]sf b]lvG5g\ . a9\bf] hg;+Vof / a;fO ;/fOn] klg db/;fsf] ;+VofTds j[l4nfO{ ;3fPsf] kfOof] .

Obufx v'nf cfsf;d'lg agfOg] d'l:ndsf] ;fj{hflgs k|fygf :yn xf] . ToxfF ldDj/ -k|jrg lbg :6]h\_ agfOPsf] x'G5 . ToxfF a;]/ df}nfgf÷df}njL jf xflkmh jf wd{u''?n] k|jrg lbG5g\ eg] ;j{;fw/0fn] gdfh cbf u5{g\ . k|jrg / gdfh kl5 Obufxfdf hfg]x?n] Ps csf{df ;befj b]vfpF5g\ eg] u}/ d'l:ndx? klg z'e–sfdgf cfbfg k|bfg ug{ Obufxfsf] aflx/L efudf a:g] u5{g\ . nfvf} vr]{/ agfOg] o:tf ;Dkbfx? cWoog ul/Psf lhNnfdf pknJw lyP . b'O{ /f]kgL b]lv ljufxf ;Dddf ag]sf Obufxfx? cWoog :ynsf kfOPsf lyP . tnsf] tflnsfn] o:tf s]xL Obufxfsf] hfgsf/L lbG5 .

tflnsf %

P]ltxfl;s Obufxfx?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| tgx'F | bfª | slknj:t' | ?kGb]xL | gjnk/f;L |
| rf}sf]qf] Obufxf | /fdk'/ Obufx u9jf ,bfª  lj=;+= @))% | dxf/fhu~h Obufxf  k':tf}+ k':tfb]lv | Obufx, b'j}lnof  lj=;+= @))! | s'l8of Obufx, s'l8of \* gjnk/f;L  lj=;+= !(%) |

s/jnf klg wfld{s :yn g} xf] . o:tf P]ltxfl;s s/jnfx? o; k|sf/sf lyP .

tflnsf ^

P]ltxfl;s s/jnfx?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| tgx"'F | bfª | slknj:t' | ?kGb]xL | gjnk/f;L |
| kfOPg . | s/jnf /fdk'/  !)) jif{ k'/fgf] | gOd'n cf]n'd s/jnf  jn/fdjfk'/  ;lbcf}+ b]lv | s/jnf, lgz'gk'/f  k/fk"j{ sfnb]lv  s/jnf e/tk'/jf  lj=;+= !(%) | s'l8of s/jnf, s'l8of \* gjnk/f;L  lj=;+= @)#! |

d[To'' kZrft d}to -nf;\_ nfO{ bkmg -cGTo]:6L\_ ul/g] :yfgnfO{ sj|:yfg elgG5 . cWoog :ynsf d'l:ndx? dbf{ ?g' x'Fb}g eGg] dfGotf /fVg], d[tsnfO{ g'xfOlbg], k'?if eP # 6's|f -#$xft\_ / dlxnf eP % 6's|f -#^ xft\_ sf] n'uf nufOlbGf], clg :yfg cg';f/ sf]lkmgdf /fv]/ sj|:yfgdf nuL bkmgfpg] k|rng /x]sf] kfOof]] . o;sf nflu d'l:nd ;d'bfon] lglZrt 7fpF 5'§ofpg]] u/]sf] kfOof] . sltko :yfgdf sj|:yfgsf] nflu 5'6\6} hUufsf] cefj /x]sf] kfOof] . s]xL k'/fgf sj|:yfgx? b]xfo adf]lhdsf lyP .

tflnsf & P]ltxfl;s sj|:yfgx?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| tgx'F | bfª | slknj:t' | ?kGb]xL | gjnk/f;L |
| gfpuf8] l;/fgufpF lrofgsf] kv]/f] dfemufpF, ;f]ljgLsf] u}/f], ags§f s'jfkfgL kv]/f] lrnf}gvs{ sfkmn;/f] c7j}ofufpF | sj|:yfg k;{}gL  k;{}gL u+ufk/:k'/  sl/a !%) jif{ k'/fgf] | dxf/fhu~h lahuf}/L sj|:yfg  sl/a #%) jif{ k'/fgf] | s|j|:yfg, ksl8xjf  sl/a #)) jif{ k'/fgf | sj|:yfg 3f]8kfnL  /fduf|d g= kf #, gjnk/f;L  sl/a @)) jif{ k'/fgf] |

tgx'Fsf ;a} / cGo w]/} :yfgsf sj|:yfgx? ;fj{hlgs Pj+ P]nfgL hUufdf lyP . To;}n] ltgLx? s;}sf] klg sfuhL k|df0f kfOPg .

tflnsf \*

;f+:s[lts/0fsf] c;/

|  |  |
| --- | --- |
|  | ;f+:s[lts/0fsf] c;/ / ;dfof]hgsf] t/Lsf |
| tgx'F  bfª  slknj:t'  ?kGb]xL  gjnk/f;L | clwsf+z dlxnfdf a'sf{ nufpg] rng lyPg . gdfhsf] a]nfdf eg] pgLx? ;a}n] skfn 9fSg] u5{g\ .  k'?ifx?df bf¥xL kfNg] rng 36\b} uPsf] 5 .  d}ot -nf;\_ sf] nDafO{ / rf}8fO{ cg'';f/ a;]/ gdfh k9g ;lsg] ;Ddsf] tf]lsP cg'';f/sf] vf8n vlgG5 . d}ot -nf;\_ df 9''Ëf df6f] gv:g], gkg]{ u/Ldfly alnof sf7x? /fvL df6f] gl5/f];\ egL u''Gb|L, k/fn cflb /flvG5 . clg dfq df6f]n] k''/L sa| agfOg] ul/G5 .  gofF k':tfdf k'?ifx?df h'+uf vf}l/g] / bf¥xL kfNg] rng 36]sf] 5 . dlxnfn] rflx+ a'sf{ nufpg'sf] ;6\6f s'tf{ ;'?jfn nufpg] rng a9]sf] 5 . |

**ef}lts ;Dkbfsf] cj:yf**

dl:hb, db/;f, sj|:yfg, Obufx / s/jnf d'l:nd ;d'bfosf] ef}lts ;Dkbfx? x'g\ . cWoog ul/Psf lhNnfsf tL ;Dkbfx?sf] l:ylt Ps ;dfg lyPg . tT:yfgsf d'l:ndx?sf] cfly{s Pj+ ;fdflhs x}l;ot / bftfsf] ;xof]usf] sf/0fn] ;f] cj:yf b]lvPsf] xf] . o; cWoogn] b]vfof] ls sltko lhNnfdf dl:hb / db/;fx? Ps} 7fpFdf lyP\ . sj|:yfg / Obufxf klg Ps} 7fpFdf lyP . s/jnfsf] klg ToxL l:ylt lyof] . To;f] x'g'sf] sf/0f lyof] hldgsf] cefj / d'l:nd ;d'bfosf] cfly{s x}l;ot . o; l:yltdf d'l:nd ;d'bfosf ef}lts ;Dkbfx? pgLx?sf] gfddf btf{ gePsf] y'k|} pbfx/0f lyP . sltko 7fpFdf JolQmsf] gfddf btf{ ePsf hUufdf klg d'l:nd ;Dkbfx? kfOPsf lyP . h:tf] bfªsf] db/;f x'bf cn ;lNkmof hfd] dl:hbsf] !\*=@% w'/ hUuf lyof] . ;f] dWo] (=% w"/sf] dfq} dl:hbsf] gfddf hUuf wgLk"hf{ lyof] . afFsL P]nfgLdf lyof] . To:t} 3f]/fxLdf Obufxf / s/jfnf lyPgg\ . d'l:ndx?n] sj|:yfgsf] 5]pdf uP/ Obdf gdfh k9\g] u/]sf lyP .

;Dkbfx?sf] Joj:yfkgdf rflxF ;a} lhNnfdf Pp6} kl/kf6L b]lvPsf] lyof] . Tof] xf] dl:hb / db/;f Joj:yfkg ;ldltsf] Joj:yf . s/jnf, Obufx / sj|:yfgsf nflu eg] st} klg ;ldlt ag]sf] b]lvPg . To;sf] sf/0f xf] dl:hb / db/;fx? b}lgs sfo{;Fu ;DjlGwt lyP . dl:hb -gdfh\_ k|fy{gfsf nflu / db/;fx? afnaflnsfsf] k7gkf7gsf] lglDt . afFsL :yfgx? obfsbf dfq} rflxg] ePsfn] 5'66\} ;ldltx? gag]sf] s'/f cWoogdf kfOPsf] lyof] .

d'l:nd ;d'bfon] a]nfavtdf k6s] :j?ksf] jfXo ;xof]u lnPsf] klg e]l6of] . o:tf] ;xof]u lbg]df :yfgLo uflj; / gu/kflnsf tyf s]xL u}/;/sf/L ;+:yfx? /x]sf] s'/f cWoogx?af6 k|fKt ePsf] lyof] . o; jfx]s d'l:nd ;d'bfon] Ps cfk;df rGbf dfu]/, ljb]lzg] o'jfx?af6 ljz]if /sd p7fpg] tyf dgsf/L JolQmn] ;xof]u ug{] ;+:sf/nfO{ klg ;+:yfut u/]sf] lyof] .

db/;f d"n k|jflxs/0f ug{] lzIff ljefusf] sfo{qmdn] ubf{ ;DjlGwt lhNnf lzIff sfof{nox?df btf{ ePsf db/;fx?n] lgoldt ?kdf cfly{s ;xof]u kfO/x]sf] e]l6of] . k|lt ljBfyL{ ? #%) ?k}+ofsf b/n] lbg] ;f] /sd / lzIfs tna jfx]s s]xL ;xof]u klg db/;fx?n] kfpg] u/]sf lyP . t/ db/;f lgdf{0f tyf dd{tsf nflu eg] sf]6fdf k/]sf s]xLn] dfq cfly{s ;xfotf kfPsf lyP . tnsf] tflnsfdf ljleGg lhNnfsf d'l:nd ;Dkbfx?sf] xfnsf] cj:yf b]vfOPsf] 5 .

**s\_ tgxF' lhNnfsf] ef}lts ;Dkbfsf] cj:yfM**

tflnsf (

dl:hbsf] cj:yf

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ;Dkbfsf] lsl;d | ;Dkbfsf] gfd÷:yfkgf | ;Dkbfn] cf]u6]sf] If]qkmn | :jfldTj | ;Dkbfsf] xfnsf] cj:yf tyf  ;DkbfnfO{ hf]ufpg / Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| != | Gf"/LxGkmLhfdf, dl:hb  @)#%, Jof; gkf | 8]9 /f]kgL | JolQmsf] | @)^# ;fndf k'glg{df{0f ul/Pkl5 /fd||f] kSsL t/ aLrdf u'Djh agfpg jfFsL  cGo JolQmx? klg cfjthfjt ug{ kfpg] Joj:yf ePsf]  :yfgLo :t/df o;sf] hfgsf/L ePsf] | o; dl:hbsf] sf};L 7"nf] ePsfn] :yfgLox? n'uf ;'sfpg cfpg] u/]sf]  ;j}n] laxfgsf] chfg oxL+ ug{] u/]sf]  ;a} wfld{s ;d"xsf jfnjflnsf Ps} 7fpFdf k9\g kfpg] x'gfn] cfk;L d]n ldnfksf] efjgf a9\g]  3/ glhs} lzIffk|fKt ug{] cj;/ kfOg]  xfn d'l:nd ;d"bfon] o;sf] pkof]u u/]sf] .  df]x/{dsf] gjf} / bzf} lbg ljleGg :yfgaf6 u}/ d'l:ndx? efsn ug{ cfp5g\ t/ klg s;}n] klg o;sf] ;+/If0fdf ljz]if Wofg lbPsf 5}gg\ |
| @ | 7"nf] dl:hb j8f g+= % ldofFufp lsx"  %)) jif{ cufl8 | Yffxf gePsf] |  | hL0f{ t/ jiff{ ofddf e]n k:g]  :yfgLo:t/df ;fy} /fli6«o:t/df klg hfgsf/L ePsf]  k'gM lgdf{0f ug'{kg]{ |
| # | Tfnsf] dl:hb j8f g+= % ldofFufp lsx"  @)) jif{ hlt | Yffxf gePsf] | JolQmsf] | sRrL ejg 5 .  JolQmn] wd{zfnfsf] ?kdf agfO lbPsf] / kl5 dl:hbsf] ?kdf k|of]u ul/Psf] |
| $ | Kff/L dl:hb lsx"  @)) jif{ hlt | Yffxf gePsf] | JolQmsf] | sRrL  wfld{s lzIff lbg'kg]{ .  s+lqm6 kSsL 5fgf 9nfg @)^\* ;fndf k'g lgdf{0f ePsf]  wfld{s lzIff lbg'kg]{ .  9'+uf / df6f]af6 ag]sf] sRrL t/ k'g lgdf{0f ug'{kg{]  Uf}/ d'l:ndn] klg dxf]/{dsf] rf8df efsn ug{ cfpg] |
| % | buf{hfd] dfemufpF, ;lt:jf/Ff  !#!& | Yffxf gePsf] | dl:hb 5 t/ btf{ 5}g |
| ^ | as}n] hfd] dl:hb as}n] $ ;lt:jf/Ff  !\*&! | # /f]kgL | dl:hb 5 t/ btf{ 5}g |
| & | u}/fufFp dl:hb u}/fufpF  ;lt:jf/Ff  !()) | @ /f]kgL | JolQmsf] | kSsL 7"nf] / /fd|f] cj:yfsf] 9nfg  btf{ ul/g'kg{] |
| \* | Dfl:hb lrnfpg] vs{ #  @))! |  |  | 9'+uf / df6f]af6 ag]sf]  btf{ ul/g'kg{] |
| ( | Gf"/Ljgs6f hfd] dl:hb ags6f %  @))@ |  |  | 9'+uf / df6f]af6 ag]sf] |
| !) | l;/fg ufpF %, @))# |  |  | 9'+uf / df6f]af6 ag]sf] |

;Dkbfn] cf]u6]sf] hUuf sl/j @ /f]kgL ePklg Eofu;6] / kfgL v]t tyf s'jfkfgL v]t /fgL ltnf]Ttdfsf] wfld{s sfo{ rnfpgsf nflu lbOPsf] xf] . Toxf+ slt hUuf 5 egL olsg gePsf]n] oxfFsf] d'lvofn] /}s/ hUuf agfO{ :jo+ k|of]u ub{} cfPsf lyP\ . t/ dl:hb g} /x]sf] hUuf eg] dl:hbsf] gfddf btf{ ul/Psf] kfOof] .

tflnsf !)

Obufxsf] cj:yf

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| ;Dkbfsf] lsl;d  ;Dkbfsf] gfd÷:yfkgf | | If]qkmn | ;Dkbfn] rr{]sf] :jfldTj | ;Dkbfsf] xfnsf] cj:yf | ;DkbfnfO{ hf]ufpg / Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| Obufx | Obufx  @)^! | @ /f]kgL | JolQmaf6  as;÷ bfg | 3]/faf/f nufpg afFsL, dLgf/ l5lg;s]sf] t/ jl/kl/ Jojl:yt x'g afFsL, kvf{ndf l;d]G6 nufpg] sfo{ afFsL | ldn{'ª hfg] ko{6s / cGo ko{6snfO{ of] Obufxaf/] kof{Kt hfgsf/L lbg'kg{]  ko{6g jf]8{af6 klg cjnf]sg ePsf] t/ lznfn]vx? n]Vg afFsL /x]sf]n] ;f] ug{ cfu|x ug{'kg{] | efOrf/f / cfk;L ;b\efjdf a[l4 ePsf] 5  ;/sf/L clen]v /xg] /  ko{6sLo ljsf;df 6]jf k'Ug] ;+efjgf 5 |

j8f g+= $ ;lt:j/f uflj; rf}s]ux|f]df @)^! ;fndf :yfgfGt/0f u/L gj lgld{t ePsf] of] Obufx ljut %)÷^) jif{b]lv g} ;+rflnt 5 . Obufxsf] ?kdf k|of]u ul/Psf] klxn]sf] :yfgdf jf6f] agfpg] qmddf s]xL hUuf sfl6of] . afFsL hUufdf Ob / js/Obsf a]nf ;j}nfO{ e]nf x'g c;lhnf] ePsf]n] ;f]xL jf8{ g+= $ df kg{] rf}s]uxf]df :yfgLon] @ /f]kgL hUuf @)^! ;fndf bfg u/]kl5 Obufx k'g lgld{t ul/Psf] lyof] . t/ :yfgLo:t/df rGbf ;+sng u/L lgdf{0f ul/Psf] x'gfn] /sdsf] cefjdf 3]/fjf/ / kvf{ndf l;d]G6sf] sfd x'g afFsL kfOof] . /sd ;+sng tl/sf b]xfo adf]lhdsf] lyof] .

!=Go'gtd nfutsf] n]vfhf]vf ul/Psf]

@= lgdf{0f z'? ug{' cufl8 ;a}nfO{ o; ;DjGwL hfgsf/L lbOPsf]

# :yfgLo:t/df OR5f cg';f/ k|lt 3/wgLn] :jaf]nsa'n u/]sf]

$= bdf}nL / ndh'ª a]zLzx/df j;f]jf; u/L Jofkf/ Joj;fo u/]sfnfO{ j]Un} /sd lt/fPsf]

%= sf7df8f}+df Jofkf/ Joj;fo u/]sfnfO{ a]Un} /sd lt/fPsf]

^= ljb]zdf /f]huf/sf nflu uPsfnfO{ Ps dlxgfsf] tnj j/fj/sf] /sd lt/fPsf]

tflnsf !!

db/;fsf] cj:yf

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| ;Dkbfsf] lsl;d | ;Dkbfsf] gfd÷:yfkgf | ;Dkbfn] cf]u6]sf] If]qkmn | ;Dkbfn] rr{]sf] hUufsf] :jfldTj | ;Dkbfsf] xfnsf] cj:yf / Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| != | Vf'bfjsz dbzf] dfem ufpF $ ;lt:jf/f uf=lj=;=  w]/} k'/fgf], ldlt olsg gePsf] | ! /f]kgL | kSsL 9nfg, ! sf]7f | cflndx?n] rfx]hlt tflnd k|fKt gx'g] x'gfn] pgLx?sf] k]zfut pGgltdf Wofg lbg' h?/L | Uf}/d'l:nd afnalnsfn] klg k9\g kfpg] |
| @= | xfglkmof dbzf] afFs] k;n %  ldlt olsg gePs]f | cfwf /f]kgL | s6]/fn] jf/]sf], lk+9L h:tf] 7fpF | dlxnf lzIfs klg x'g'kg{] h;n] ubf{ s]6Lx?n] gj'em]sf s'/f ;f]Wg] df}sf kfpg] . |
| # | d'g:6f/ cfjfl;o db/;f  @)#^ | cfGbfhL 8]9 /f]kgL | # tn] 3/ | k9fpg] tl/sf / gdfhsf] ;j}nfO{ hfgsf/L x'g] x'gfn] cGo wdf{jnDjLnfO{ klg oxfF k9fpg] ul/Psf] |  |

tgx'F ;tL:jf/fdf P]ltxfl;s dl:hb lyof] . kfNkfsf tTsflng ;]g /fhfsL /fgL ltnf]Qdfn] of] dl:hbnfO{ hUuf lbPsL lyOg\ lsgls ToxfFsf d'l:ndx?n] cNnfx;+u dfu]sf] b'jfsf sf/0f pgsL 5f]/L hGd]sL lyOg\ . ;f]xL v'lzofnLdf lbOPsf] ;f] hUufdf ag]sf] dl:hb clxn] k'glg{df0f klv{/x]sf] lyof] . ToxfF aGg nfu]sf] Obufx / sj|:yfg tyf s/jnfsf] Pp6} :yfg lyof] . ToxfF sl/j ( s/f]8sf] nfutdf aGg nfu]sf] d'l:nd ;Dkbf cem} cw{ lgld{t cj:yfdf lyof] . tgx"Fsf c? 7fpFdf ag]sf] dl:hb, db/;f tyf sj|:yfg eg] kl5Nnf] ;do ag]sf lyP .

**v\_ bfª lhNnfsf d'l:nd ;Dkbfx?sf] cj:yf**

t'N;Lk'/, 3f]/fxL / ndxLdf /x]sf] d'l:nd ;Dkbfx? klg cfcfkm\gf] ;dosf lyP . ToxfFF Obufx / s/jnfsf nflu 5'66\} 7fpF lyPg . sj|:yfgs} Pp6f s'gfdf Obufx / s/jnfsf /Zdx? cbf ug{] k|rng lyof] . tnsf] tflnsfn] bfª lhNnfdf ePsf d'l:nd ;Dkbfx?sf] cj:yf b]vfPsf] 5 .

tflnsf !@

dl:hbsf] cj:yf

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| ;Dkbfsf] gfd | :yfkgf sfn / If]qkmn | :jfldTj | cj:yf | Aojl:yt u/fpg ug'{kg]{  sfdx? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| hfd] dl:hb cn ;lNkmof  3f]/fxL g=kf= jf8{ g+= –@ | la=;+= @)@@  If]qkmn –!\*=@% w'/ | cfkm} | vfg]kfgL ;d:of  (=% w'/sf] wgLk'hf{ 5 afFsL hUuf P]nfgL | 6f]nsf] gfd kl/jt{g u/L l;h{glzn 6f]nsf] ;§f hfd] dl:hb 6f]n /fVg kxn ug]{ | c?nfO{ k]|/0ff ldNYof] / wd{sf] /Iff x'GYof] .  gdfh k9\g ;lhnf] x'GYof] . |
| km}hfg] uf}lzof dl:hb  3f]/fxL !! bfª | @)%@ ;fn  !)%) ju{ lkm6 dl:hb / db/;f Pp6} ejgdf . tn db/;f dfly dl:hb | ;+:yfsf] cfkmg} gfddf | lh0f{ cj:yfsf] ejg 5 . zf}rfno / kfgL 6+ofsL 5}g . | 3]/fjf/ nufpg'kg]{ . |
| sfbl/of hfd] dl:hb, t'N;Lk'/ | @)#& ;fn  !( w'/ | :j=ab'n vflns cG;f/Lsf] gfddf | dl:hb JolStsf] gfddf 5 ;d"xsf] gfddf 5}g, x'g'kg]{ . dl:hbdf dfOs klg 5}g . gfd ;f/L x'g'kg]{] . | cfly{s ;xof]usf] h?/L |
| hfd] d:lhb  u9jf, bfª | @)@% ;fn  ! s6\7f | cJb'n ugLsf] gfddf | kfgL r'lxG5 . zf}rfno 5}g . | cfly{s ;xof]usf] h?/L |
| g'/L dl:hb  k;{}gL u+ufk/:k'/ | !) w'/ | Ogfcf d'Nnfsf] gfddf | zf}rfno / kfgLsf] ;'ljwf 5}g . |  |

Dfflysf] tflnsfn] hUufsf] l:ylt b]vfp+5 . cfkm\g} gfddf hUuf gx'g / dl:hbx?sf] klg Eff}lts ;+/If0f sd x'g' b'vb l:ylt ag]sf] lyof] . o;sf nflu cfly{s ;xof]u / dl:hb btf{ ug]{ cleofg dxTjk"0f{ ;dfwfgx? lyP . dl:hbx? em} db/;fx? klg d'l:nd ;d'bfosf ;Dkbf x'g\ . tnsf tflnsfn] bfª lhNnfsf db/;fx?sf] l:ylt bzf{p5 .

tflnsf !# db/;fsf] l:ylt

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| ;Dkbfsf] gfd | :yfkgf, If]qkmn | :jfldTj | cj:yf | Aojl:yt u/fpg ug'{kg{] sfdx? | kmfObf ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| db/;f bf?nx'bf cn ;lNkmof k|f=la=  3f]/fxL g=kf= jf8{ g+= –@ | @)@% la=;+  !$ w'/= | db/;fsf] cfk\mg} | !#% laBfyL{ / ^ lzIfs ;lxt rfn' cj:yf | sGof lzIffnosf] ?kdf lasf; ug'{kb{5 | OZnfd wfld{s lzIffsf] ;+/If0f / k|rf/df ;xof]u k'Ug] lyof] .  OZnfd lzIffn] ;Eo ;dfhsf] lgdf{0fdf ;xof]u k'/\ofpg] lyof] . |
| db/;f cxn] ;'Ggt uf}lzof dZns} cf}nfxh/t k|flj | @)$% b]lv ;+rfng btf{ @)^$  !)%) ju{ lkm6 dl:hb / db/;f Pp6} ejgdf tn db/;f / dfly dl:hb 5 . | km}hfg] uf}lzof dl:hbsf] gfddf | ljBfyL{ ;+Vof ()  lzIfs # hgf @ df}nfgf ! rfn' xfntdf 5 | sGof ljBfno / O{Znflds s]6Lx?sf] nflu pRr lzIffsf] :yfg klg rflxPsf] 5 |
| km}hfg] d':tkmf k|f lj, t'N;Lk'/ | @)#& ;fnb]lv rn]sf] t/ @)^% df btf{ ePsf] .  !) w'/ | P]nfgL hUuf | rfn' cj:yf | ;d:of ef}lts lgdf{0f x'g'kg]{ ., hUuf 5}g ;f]sf] Joj:yf x'g'kg{]] |
| bf?;nfd cNf ;lNkmof  u9jf ,bfª | @)@% ;fndf  !) w'/ | cab'n ugLsf] gfddf | rfn'  ljBfyL{ $^  lzIfs ! df}nfjL !  rfn'sIff ! | df}nfgf df}naLsf] lzIff tyf k|df0f kq nfO{ ;dsIftf lbg'kg]{ . pgLx?nfO{ :yfoL u/L tna ;d]t a9fpg'kg{] . |
| db/;f cxn] ;'Ggt  u+uf k/:k'/ v8uk'/ | @)#^  # s6\7f ( w'/ | @)#^ ;fndf gfkLn] lsTtfsf6 u/\of] t/ s;}sf] gfddf 5}g | sIff # ;Dd  ljBfyL{ ^! hgf  lzIfs # hgf |  |
| db/;f cxn] ;'Ggt km}hfg] /h  k;{}gL u+ufk/:k'/ | # s6\7f # w'/ | db/;fs} | ljBfyL{ ^) hgf  ! sIff sf]7f dfq} ;Rrfng ePsf] / ! jfnljsf; /x]sf] .  lzIfs # hgf  ! df]}nfgf  ! lzlIfsf  ! jfnljsf; lzlIfsf | ;d:of zf}rfno 5}g . kmlg{r/ 5}g . |

dl:hbsf] t'ngfdf db/;fx?sf] l:ylt s]xL /fd|f] e]l6Psf] lyof] . rfn' xfntdf x'g', cS;/ ;+:yfsf] gfdd} db/;f x'g', sIff rfn' ul/g' h:tf s'/f ;sf/fTds lyP eg] ePsf df}njL ÷ df}nfgfx?sf] zf}lIfs of]Uotfsf] ;dsIftf gx'g', ltgsf] tnjL Uof/]G6L gx'g' / zf}rfnosf] Joj:yf gx'g' h:tf ;d:ofx? klg lyP .

sa|:yfg ;fj{hlgs ;Dkbf xf] . d'l:ndsf oL ;Dkbfx?sf] l:ylt cWoog ubf{ e]l6of] ls ltgLx?sf] cj:yf ;Gtf]ifhgs 5}g . csf{] cy{df ;Dkbfx? ;'/Iffsf] kvf{Odf lyP . tnsf] tflnsfn] sa|:yfgsf] l:ylt b]vfPsf] 5 .

tflnsf !$ sa|:yfgsf] l:ylt

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| ;Dkbfsf] gfd | :yfkgf If]qkmn | :jfldTj | cj:yf | Aojl:yt u/fpg ug'{kg{] sfdx? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| sa|:yfg cn ;lNkmof  3f]/fxL g=kf= jf8{ g+= –^ | @)@& ;fn  !^ s6\7f !\* w'/ | AolQmut xfhL ;f}st cnL l;l4sL / xfhL xljd'Nnf l;l4sLsf] gfddf | vfg]kfgLsf] ;d:of .  k|a]z4f/ 5}g  Psfk6\6L 3]/faf/ 5}g . | 3]/fjf/ nufpg'kg{] . | bfx;+:sf/ ug{ kfOG5 . jftfj/0f /fd|f] 5 / kljq 7fp+ ePsfn] zfGt 5 . |
| 3f]/fxL sj|:yfg | @)#) ;fn lt/  !@ s6\7f | b'O{ Joltmsf] gfddf !) s7\7f ! hgf / @ s7\7f ! hgfsf] gfddf | tf/jf/ k"0f{ 5}g . 9f]sf 5}g | s;}n] ;xof]u u/L o;nfO{ Jojl:yt jgfpg' kg{] |
| t'N;Lk'/ sj|:yfg,  t'N;Lk'/ | @)^) ;fn | tl/ufp+ uf lj ; sf] P]nfgL hUuf | tf/jf/ 5}g / /fd|f] Joj:yfkg 5}g . nfz uf8\g kfPsf 5}g\g | jl/k/L ?v /f]Kg kfP ;a}nfO{ kmfObf x'g]lyof] . |
| ulg sj|:yfg  u9jf ,bfª | @)@%  ^ s6\7f | cab'n ugL | 5]psf] vf]nfn] sfl6/x]5 . kvf{n 5}g , 4f/ 5}g . | kvf{n, tf/jf/ nufpg' kg{] . vf]nf lgoGq0f x'g'kg{] . |
| u+uf k/:k'/ sa|:yfg  u+ufk/:k'/ v8\uk'/ | # s6\7f | sfuh kq t 5}g t/ bfg :j?k lbOPs]f gDa/L hUuf xf] . | tf/jf/ 5}g | tf/jf/ nufpg' kg{] |
| sj|:yfg k;{}gL  k;{}gL u+ufk/:k'/ | !%) jif{ k'/fgf]  hUuf 8]9 s6\7f | cfkmg} gfddf /x]sf] | tf/jf/ gePsf] |  |

æJolQmsf] gfddf sa|:yfg x'g' b'EFf{Uosf] s'/f xf] .Æ d'l:nd ;d'bfosf] cu'jfx?df of] ;f]r kfOPsf] lyof] . pgLx?sf] ;f]rsf] laZn]if0f ubf{ b]lvof] ls sa|:yfgx? ;+:yfs} gfddf btf{ x'g' h?/L 5 . ltgsf] lnvt /fVg' clgjfo{ 5 . o;/L cl:tTjdf /x]sf sa|:yfgx?nfO{ /fd|f] x]/ljrf/ ug]{ k|aGw ldnfpg h?/L 5 . t/ lhNnfsf] a:t'l:ylt x]bf{ o:tf] cj:yf b]lvPg . csF]{df zAbdf eGbf k'/fgfb]lv gofF ag]sf sa|:yfgx?sf] ;+/If0f / ;Djw{g ug'{ klg Tolts} h?/L b]lvof] .

Obufx klg d'l:ndsf] klxrfg xf] . tflnsfdf b]lvG5 ls bfªdf Ps 7fp+df dfq} Obufx lyof] . af+sL 7fp+df sa|:yfgdf Obufxsf] sfo{qmd ug]{ ul/Psf] lyof] . tnsf] tflnsfn] Obufxsf] l:ylt bzf{p5 .

tflnsf !%

Obufxsf] l:ylt

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| ;Dkbfsf] gfd | :yfkgf If]qkmn | :jfldTj | cj:yf | Aojl:yt u/fpg ug'{kg{] sfdx? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| /fdk'/ Obufx u9jf ,bfª | @))% ;fn  # s6\7f P]nfgL | sfuh kq 5}g | v'Nnf 5, ufO{j:t' ;d]t k:5g\ . | tf/jf/ 5}g 4f/ jgfpg' kg{]5 . | Obufx eP  ;kmf / v'Nnf 7fFpdf gdfh k9\g kfOG5 . |

tflnsfn] b]vfof] ls bfªsf d'l:ndn] cfkm\gf] gfddf Obufx /fVg ;s]sf lyPgg\ . ePsf] tLg sÝf hldg klg P]nfgL lyof] . ufO{a:t' klg k|j]z ug]{ uy{] . tf/af/ lyPg . o; cy{df Obufx Jojl:yt x'g ;s]sf] lyPg .

s/jnfsf] klg ;f]xL cj:yf klg e]l6Psf] lyof] . tnsf] tflnsfn] bfªdf pknAw s/jnfsf] cj:yf b]vfPsf] 5 .

tflnsf !^

s/jnfsf] l:ylt

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| ;Dkbfsf] gfd | :yfkgf If]qkmn | :jfldTj | cj:yf | Aojl:yt u/fpg ug'{kg{] sfdx? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| s/jfnf /fdk'/ | nueu !)) jif{ k'/fgf]  kfFr s6\7f P]nfgL | sfuh kq 5}g | v'Nnf 5 , 5]psf] vf]nfn] sfl6/x]5 . | kvf{n, tf/jf/ nufpg' kg{]5 . | tflhof lj;h{g ug{ kfOG5 . wfld{s ;befa a9\5 . |

e"uf]nsf] lx;fjn] ;Dd e"efudf ePsf d'l:nd ;Dkbfx?sf] Ps}vfn] l:ylt lyPg . s'g} 7fpFsf dl:hbx?sf] l:ylt ;+tf]ifhs lyof] eg] s'g} 7fpFdf dd{t ug{'kg{], btf{ ug{'kg{] cflb kl/l:ylt klg lyof] . tgx"+' / bfªsf d'l:nd ;Dkbfx?sf] t'ngf ubf{ vf;} tflTjs leGgtf b]lvPsf] lyPg . To;} u/L 3f]/fxL, t'n;Lk'/ / ndxLsf] t'ngfn] klg pNn]Vo km/s e]l6Psf] lyPg .

slknj:t' / ?kGb]xLsf] l:ylt eg] s]xL km/s lyof] . ToxfFsf s]xL d'l:ndj:tLx?df s/jnf / Obufxfsf nflu 5'6f5'6} 7fpFx? lyP . ;Dd d}bfgL hldg ePsfn] / ;fj{hlgs sfddf g} k|of]u ug{] ToxfFsf] ;+:s[ltn] ubf{ To;f] ePsf] x'g ;S5 . o; jfx]s ToxfFsf d';ndfgx?sf] bL3{;f]rL dfgl;stfn] klg To:tf] k|jGw ePsf] x'g ;S5 . sfd rn]s} 5 eGg] dfgl;stfn] sfd u/]sf] 7fpFdf eg] d'l:nd ;Dkbfx? Tolt Jojl:yt kfOPsf lyPgg\ .

**u\_ slknj:t'sf d'l:nd ;Dkbfx?sf] cj:yf .**

P]ltxfl;s b[li6sf]0faf6 x]bf{ slknj:t' a'4e"ld xf] . s'g} a]nfsf] sf]nLo /fHo slknj:t'df af}4 ;Dkbfx? oqtq e]l6Psf 5g\ . cem} ltgLx? e]l6g] qmddf 5g\ . To;} 7fpFdf O:nfd wdf{jnDjLsf dl:hb, db/;f, Obufx, s/jnf / sj|:yfg Jojl:yt x'g'n] b'j} wd{jLrsf] cfk;L ;b\efj /x]sf] b]lvG5 . t/ @)$( / @)^# ;fnsf u}/ d'l:nd / d'l:nd ljjfbn] eg] k/Dk/fut ;b\efj ljuf/]sf] lyof] . o;/L lju|]sf] ;b\efjnfO{ :yfgLo eb| enfbdL, ;dfh;]jL,df}njL df}nfgfx?sf] lqmofzLntfdf g} k'gMk|fKt ul/Psf] lyof] . d'l:ndx?df zflGtlk||otf 5 / x'G5 eGg] s'/f oL 36gfx?af6 klg k|dfl0ft ePsf] lyof] .

tflnsf !\*

dl:hbsf] l:Ylt

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| ;Dkbfsf] gfd | :yfkgf ePsf] ;fn | ;D+kbfn] cf]u6]sf] If]qkmn | ;Dkbfn] rr]{sf] hUufsf] :jfldTj | Xfnsf] ;Dkbfsf] cj:yf | ;DkbfnfO{ hf]ufpg / Aojl:yt u/fpg ul/g' kg]{ sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| dbLgf | lj ;+ @))& | ! s6\7f | ;d'bfo | gfh's | k'gM lgdf{0f / dd{t | k|fy{gf ug]{ / wd{;DaGwL 1fg lbnfpg] |
| dlbgf | k':tf}b]lv rlncfPsf] | !@ w'/ | ;d'bfosf] | rkL{ agfpg] 7fpF 5}g c? 7Ls 5 | cfly{s ;xof]u rflxg] | h'df / gdfh k9\g] cj;/ kfOPsf] 5 . |
| hfd] dl:hb | lj ;+ !(\*\* | @%×@% dL6/ | ;d'bfosf] | 5fgf] hL0f{ 5 / uh'/x? hL0f{ cj:yfdf 5g\ | k'gM lgdf{0f / dd{t | cfTdzflGt |
| absfnL | lj ;+ @))& |  | ufpF ;dfh | gfh's, cefj | k'gMlgdf{0f / dd{t | d'l:ndsf] k|fy{gf ug]{ 7fpF |
| cNeL | lj ;+ @))& | \*)) ju{ kmL6 | ;d'bfo ;Fu | ufpFn] ldn]/ agfPsf] xf] . cg'bfg lbOPsf] 5}g . :j}lR5s ;xof]u ;d'bfoaf6 k|fKt eO/fv]sf] 5 . | e\mofn9f] sf, ;/;kmfO kfgLsf] ;'ljwf, rkL{, afy?d, lah'nLaQL, kvf{n, af6f] cflbsf] h?/L 5 . | b}lgs k|fy{gf, gdfh k9\g ;lhnf] / ;Gt'li6 x'g] |
| g'/L |  | ! s6\7f | ;d'bfo | gfh's | k'gMlgdf{0f / dd{t | k|fy{gf ug]{ / cGo ;fdflhs sfd ug]{ |

cWoogn] b]vfof] ls slkna:t' h:tf] d}bfgL efudf ag]sf dfl:hbx?sf] klg yf]/} hUuf lyof] . ;d'bfon] cfkm\g} nufgLdf dl:hbx? agfPsf lyP . o;/L ag] agfOPsf dl:hbx?sf] ;/;kmfO / dd{t ug'{kg]{ cj:yf lyof] .

dl:hb h:t} db/;fx?sf] l:ylt klg ;Gtf]ifhgs cj:yfsf] lyPg . tnsf] tflnsfn] db/;fx?sf] l:ylt b]vfPsf] 5 .

tflnsf !\*

db/;fsf] l:Yflt

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| ;D+kbfsf] gfd | :yfkgf ePsf] ;fn | ;D+kbfn] cf]u6]sf] If]qkmn | ;D+kbfn] rr]{sf] hUufsf] :jfldTj | xfnsf] ;D+kbfsf] cj:yf | ;DkbfnfO{ hf]ufpg / Aojl:yt u/fpg ul/g' kg]{ sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| hfldof  O:nfldof  gOldof | @))& | @ s6\7f | ;d'bfo | sIffsf]7fsf] cefj v]n d}bfgsf] sdL, lzIfs b/aGbL gx'g', a]Gr, 6]an, 8]:ssf] cefj | gofF sIff sf]7f / 5fqfjf; lgdf{0f ug{' kg{] | jfnjflnsfx?n] sIff % ;Dd lzIff cWoog ug{ kfp5g\ |
| zfb'n cf]n'd |  | @ s¶f | ;d'bfosf] | kSsL ejg, rkL{, kfgL 5}g . 3]/faf/ 5, u]6 5 t/ aQL 5}g | lzIfs rflxg], cfly{s ;xof]u rflxg] | &)–\*) hgf s]6fs]6L k9\5g\ |
| db/;f ds{hL gOd'ncf]n'd | lj=;+= @))$ | @%×!) dL6/ | ;d'bfosf] | hL0ff]{åf/ ug'{kg]{ cj:yfdf 5 | df}njLx?nfO{ tnj Joj:yf / cGo ;'ljwf x'g'kg{] | cfk\mgf] wd{sf] 1fg kfpF5  cGo wd{sf afnaflnsfn] klg k9g kfp5g\ . |
| uf}l;of k}mh"n /;"n d':tfkmf | @))& | !$ w'/ | ufpF ;dfh | sIff sf]7fsf] cefj, v]n d}bfgsf] ;d:of | gofF sIffsf]7fsf] lgdf{0f ug'{kg]{ | afnaflnsfx?sf] z}lIfs ;d:of ;dfwfg x'G5 |
| kmhn] /xdflgof k|f=lj= | @)^# | !\* w'/ | ;/sf/df btf{ ePsf] | sIffsf]7fsf] cefj, v]nd}bfgsf] sdL 5 | gofF sIffsf]7fsf] lgdf{0f ug'{kg]{ | afnaflnsfx?n] sIff ! b]lv % ;Dd cWoog ug{ kfpF5g\ . |
| cNeL | @)%% | @ s6\7f | lghL @ hgf JolQmsf] gfddf | Ps sf]7f dfq 5 . Tof] klg bogLo cj:yfdf 5 . k7gkf7g x'Fb}g / btf{ ePsf] 5}g . cfly{s cefj 5 | lzIfs / ef}lts ;'ljwfdf ;xof]u rflxg] | k9\g ;'ljwf x'g] / wd{sf] ljsf; x'g], |

db/;fx? cWoog :yn x'Gf\ . t/ tL cWoog:ynsf] l:ylt Ps ;dfg lyPg . cfkm\gf] 5'6\6} hUuf wgLk'hf{ gx'g', sIffsf]7f / v]nd}bfgsf] cefj x'g', kof{Kt lzIfs gx'g', df}njLx?sf] lglDt ;/sf/L ljBfno ;/xsf] tnjL ;'ljwf gx'g' oxf+sf db/;fx?sf] lgolt g} ag]sf] lyof] .

s/jnfsf] l:ylt klg dl:hbsf] h:t} lyof] . ;lbof}+b]lv d'l:nd ;d'bfon] rr]{ klg ;f] hUufdf 3]/fjf/f lyPg . k|ltIffnosf] cefj lyof] . kfgLsf] Joj:yf lyPg . tnsf] tflnsfn] of] s'/f b]vfPsf] lyof] .

tflnsf !(

s/jnfsf] l:Yflt

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| ;D+kbfsf] gfd | :yfkgf ePsf] ;fn | ;Dkbfn] cf]u6]sf] If]qkmn | ;Dkbfn] rr]{sf] hUufsf] :jfldTj | xfnsf] ;D+kbfsf cj:yf | ;DkbfnfO{ hf]ufpg / Aojl:yt u/fpg ul/g' kg]{ sfdx? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| gOd'n cf]n'd | ;lbcf}+ b]lv | \* s6\7f | ;d'bfosf] | 3]/faf/ 5}g | 3]/faf/ ug'{kg,]{ k|ltIffno agfpg'kg,]{ kfgLsf] Joj:yf ug'{kg]{ | ;a} ;d'bfosf JolQmx? jif{sf] Ps k6s e]nf x'G5g\ |

dflysf] tflnsfn] b]vfp5 ls Obufxfsf] nflu k|of]u ePsf] hldg klg k|of{Kt lyPg . To;sf] dd{t ;+ef/ klg ck]lIft 9+un] x'g ;s]sf] lyPg . tnsf] tflnsfn] of] l:ylt bzf{Psf] 5 .

tflnsf @)

Obufxfsf] l:Yflt

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| ;Dkbfsf] gfd | :yfkgf ePsf] ;fn | ;Dkbfn] cf]u6]sf] If]qkmn | ;D+kbfn] rr]{sf] hUufsf] :jfldTj | xfnsf] ;D+kbfsf cj:yf | ;DkbfnfO{ hf]ufpg / Aojl:yt u/fpg ul/g' kg]{ sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| gfd 5}g | k':tf}+ k':tfb]lv |  | ;d'bfodf |  | cfnf] agfpg] / dd{t ug]{ . | Ob js/Lbdf gdfh k9\g] |
| gfd 5}g | k/Dk/fb]lv P]nfgLdf 5 | \* s6\7f | ;/sf/L | af6f]sf] cf8df 5 . | ;d'bfosf] :jfldTjdf cfpg'kg{] / af/aGb]h x'g'kg]{ . | gdfh k9\g, ;lhnf] x'G5 |
| gOd'n cf]n'd | ;lbcf}+ b]lv | @ s6\7f | ;d'bfosf] | 3]/faf/ 5}g | 3]/faf/ ug'{kg]{ k|ltIffno agfpg'kg]{ | rf8kj{ dgfpg kfOPsf] 5 |
| gO{ldof | k':tf}+b]lv | @ s6\7f | e]nf x'g] | af/aGb]h ePsf]= | 3]/faf/ ug'{kg]{ k|ltIffno agfpg'kg]{ | Ob as/ O{bdf gdfh k9\5g\ |

dflysf] tflnsfn] b]vfPsf] 5 ls Obufxsf] l:ylt klg ;a}lt/ Ps} vfn] lyof] . k':tf}b]lv rr]{sf] ;f] hldgdf 3]/fjf/f lyPg . k|ltIffnox? lyPgg . ToxL 9+usf] cj:yf sa|:yfgsf] klg lyof] . tnsf] tflnsfn] of] s'/f k|:t't u/]sf] 5 .

tflnsf @!

sa|:yfgsf] l:Yflt

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| ;D+kbfsf] gfd | :yfkgf ePsf] ;fn | ;D+kbfn] cf]u6]sf] If]qkmn | ;D+kbfn] rr]{sf] hUufsf] :jfldTj + | Xfnsf ;D+kbfsf] cj:yf | ;D+kbfnfO{ hf]ufpg / Aojl:yt u/fpg ul/g' kg]{ sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
|  | k':tf} +k':tfb]lv | @ s6\7f | ;d'bfo | jf/jGb]h ePsf] |  | d}ot /fVg] ;'ljwf x'G5 |
| gfd 5}g | ufpFdf  a;f]af;  ePb]lv | $) s6\7f | ;/sf/L | 3]/faf/ 5}g | 3]/fjf/ / kfgL k/]sf] a]nf a:g] 3/sf] h?/L 5 | d'l:ndsf] nflu cGTo]i6L ug]{ ;'ljwf |
| gOd'n cf]n'd | ;lbcf}+ b]lv | \* s6\7f | ;d'bfosf] | 3]/faf/f 5}g | 3]/faf/f ug'{kg]{, k|ltIffno agfpg'kg,]{ lah'nLsf] Joj:yf ug'{kg{] | d}ot /fVg kfOPsf] 5 |
|  | k':tf}+b]lv | \* s6\7f |  | af/aGb]h ePsf] |  | d}ot /fVg kfOPsf] 5 |
| zfb'Nnfx | k':tfb]lv | !=% ljufxf | ;d'bfo | af/aGb]h / u]6 5 . dhf/ ePsf]n] ubf{ o;sf] ;'/Iff ePsf] b]lvG5 | cfly{s ;xof]u ePdf /fd|f] agfpg / vfg]kfgL, ;/;kmfOsf] Joj:yf ug{ ;lsG5 |  |

dflysf] tflnsfn] b]vfof] ls slkna:t'sf sa|:yfgx? Ps;dfg lyPgg\ . s'g}df kof{Kt hldg lyof] eg] s'g}df sd hldg lyof] . t/ ;femf ;d:of eg] 3]/fj]/fsf] cefj lyof] .

**3\_ ?kGb]xLdf ePsf ef}lts ;Dkbfx?**

?kGb]xL slknj:t';Fu hf]l8Psf] lhNnf xf] . of] lhNnf n'lDjgL ;Dkbfsf] gfddf ljZjk|Voft 5 . oxfF klg slknj:t'df em} d'l:nd ;Dkbfx?sf] cj:yf e]l6Psf] lyof] . cyf{t\ t'ngfTds ?kdf x]bf{ b'j} lhNnfsf] d'l:nd ;Dkbfdf pNn]Vo leGgtf lyPg . jfX\o ;xfotf kfPsf dl:hb / db/;fx?sf] ef}lts l:ylt ;Gtf]ifhgs lyof] eg] :yfgLo k|of;af6 ag]sf ;Dkbfx?sf] l:ylt pNf]Vo lyPg . o; lhNnfdf dfl;Fb} uPsf] k/fk"j{sfn b]lvsf] lgz'gk'/f s/jnf lyof] eg] b'O{ jif{ k'/fgf] /Hffo] d':tkmf dl:hb klg lyof] . tnsf tflnsfx?n] tL d'l:nd ;Dkbfx?sf] a:t'l:ylt b]vfPsf] 5 .

tflnsf @@M dl:hbsf]] l:Yflt

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| dl:hbsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| != g'/fgL hfd dl:hb jufx–)#, b'j}lnof | lj=;+= !(() | !% w'/ | ;d'bfo;Fu | ;Gtf]ifhgs | * ;+/If0f / ;Dj4{gsf] nflu ;/sf/n] Wofg k'¥ofpg'kg{] * k|To]s dl:hbdf wfld{s u'?x? –df}nfgf df}naLsf] Joj:yf ;/sf/4f/f ul/g'kg{] * dd{t ;+ef/ / ;'lrs[t ug{'kg{] * vfg]kfgLsf] Joj:yf ug{'kg{] | * wfld{s ;xi0f'tfsf] ljsf; * Ps csf{sf] wd{k|lt cfb/sf] ljsf; * wfld{s ;+/If0f * c;n / cg'zfl;t gful/s x'g] lzIff k|fKt ePsf] |
| @= dlbgf dl:hb, jf]bfjf/–(, ks8Lxjf | lj=;+= @)!\* | @ s6\7f | ;d'bfo;Fu | ;Gtf]ifhgs |
| #= dl:hb g'/L uf]gxf–)(, ;f]d/xgf | lj=;+= !(%) | ! s6\7f | ;d'bfo;Fu | ;Gtf]ifhgs |
| $= dl:hb uf}l;of cxn] ;'Ggt u/Lj gjfh kf]vleG8L–)%, v'/x'l/of | lj=;+= !()% | ! s6\7f | ;d'bfo;Fu | ;Gtf]ifhgs |
| %= hfd] dl:hb k;f{of]s, n'lDjgL | lj=;+= @)%) | # s6\7f  !) w'/ | ;d'bfo;Fu | ;Gtf]ifhgs |
| ^= /hfo] d':tkmf dl:hb ;ldlt j'6jn | b'O{;o jif{ k'/fgf] | $ s6\7f | ;d'bfo;Fu | ;Gtf]ifhgs |
| &= dlbgf dl:hb, j'6jn dl:hb/f]8 | @) jif{ k'/fgf] | $ s6\7f | ;d'bfo;Fu | ;Gtf]ifhgs |
| \*= hfdf dl:hb l;loo7 l;bL cxdb j'6jn | & jif{ k'/fgf] | @ s¶f | ;d'bfo;Fu | ;Gtf]ifhgs |

dflysf] tflnsfn] b]vfp+5 ls dl:hbx? ;d'bfosf] :jfldTjdf 5g\ . t/ ltgsf] btf{ ul/Psf] sfuhft d'l:nd ;d'bfodf lyPg . ePsf dl:hbx/sf] cj:yf eg] ;Gtf]ifhgs lyof] . t/ dd{t ;+EFf/sf] nflu vf;} pNn]Vo Joj:yf eg] ePsf] lyPg .

dl:hbem} db/;fx?sf] l:yltsf] klg tYofª\s ;+sng ul/bf db/;fx?sf] l:ylt o; k|sf/sf] kfOof] .

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db/;fsf]] l:Yflt

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| db/;fsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| sf]lbl/of cxn] ;'Ggt k}mh'n cf]n'd | lj=;+= !(() | !% w'/ | ;d'bfo;Fu | lgdf{0fflwg | * db/;f lzIffnfO{ klg cGo ljBfnoaf6 k|fKt lzIff ;/x dfGotf lbg'kg{] -Jojxfl/s ?kdf gePsf]\_ * k':tsfnosf] Joj:yf ug{'kg{] * lzIfs b/aGbL pknAw u/fpg'kg{] * lzIfs / ljBfyL{x?sf] nflu cfjf;u[xsf] Joj:yf ug{'kg{] * db/;f ;~rfngsf] nflu ;/sf/n] cfly{s ;xof]u pknAw u/fpg'kg{] | * d'l:nd / u}x| d'l:nd b'j}nfO{ lzIff k|fKt ug{] cj;/ k|fKt x'g] * bIf / cg'zfl;t hgzlQm pTkfbgdf ;xof]u k'¥ofpg] * ;a} wfld{s ;d"xsf jfnjflnsf Ps} 7fpFdf k9\g kfpg] x'gfn] cfk;L d]n ldnfksf] efjgf a9\g] * 3/ glhs} lzIffk|fKt ug{] cj;/ kfOg] |
| uf}l;of cxn] ;'Ggt jf]bjf/–( | lj=;+= @)!\* | % s6\7f | ;d'bfo;Fu | cfly{s cefjn] cJojl:yt /x]sf] |
| bf?nxf]bf O:nfldof | lj=;+= @)@) | $ s6\7f | ;d'bfo;Fu | sIffsf]7fsf] sld /x]sf] |
| uf}l;of cxn] ;'Ggt u/Lj gjfh | lj=;+= !(%) | @ s6\7f !) w'/ | ;d'bfo;Fu | lzIfs b/jGbL g/x]sf] |
| pd/ ljg vTtfa k;f{rf]s | lj=;+= @)%) | # s6\7f !) w'/ | ;d'bfo;Fu | 8]S; j]Grsf] cefjdf e'Odf j;]/ k9\g] u/]sf] |
| /hfo] d':tkmf db/;f a'6jn | dl:hb;Fu} z'? t/ btf{ lj=;+= @)%@ | $ s6\7f | ;d'bfo;Fu | lgdf{0fflwg /x]sf] |
| dlbgf db/;f | lj=;+= @)^# | $ s6\7f | ;d'bfo;Fu |  |

db/;fx?sf] l:ylt ljZn]if0f ubf{ b]lvof] ls ;a}df afnaflnsf v]Ng] s'b\g] kof{Kt 7fpF lyPg . hldgsf] :jfldTj ;d'bfo;+u eP klg cfkm\g} btf{ lyPg . ;a} db/;fx? cfly{s ;xof]usf] ck]Iff ul//x]sf lyP . lzIfs b/jGbL / kmlg{r/ ;xof]u vf]lh/x]sf lyP .

db/;fem} Obufxsf] l:ylt klg ;f]xL cj:yfdf lyof] . Obufxsf] hldg ;d'bfosf] :jfldTjdf lyof] . t/ hldgsf] nfnk"hf{ lyPg . ;+/If0f ug]{ lglZrt ;+:yf lyPg . tnsf] tflnsfn] o;sf] lj:t[t ljj/0f lbPsf] 5 .

tflnsf @$

Obufxsf]] l:Yflt

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| --- | --- | --- | --- | --- | --- | --- |
| Obufxsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| Obufx, b'j}lnof | lj=;+= @))! | ! s6\7f % w'/ | ;d'bfo;Fu | ;Gtf]ifhgs | * nfnk'hf{ ;d'bfonfO{ lbg'kg{] * ;+/If0f / ;Dj4{gsf] nflu g]kfn ;/sf/n] btf{ ug{'kg{] * ;/sf/n] Obufxsf] nflu jflif{s ?kdf jh]6sf] Joj:yf ug{'kg{] * ldgf/sf] Joj:yf ug{'kg{] | * d'l:nd / u}/d'l:ndljr cfk;L d]nldnfksf] efjgf ljsf; ug{] * v';L ;f6f;f6 ug{] * b'j} ;d'bfonfO{ Ps cfk;df z'esfdgf cfbfg k|bfg ug{] cj;/ k|fKt ePsf] * wfld{s ;lxi0f'tf a9fpg] |
| Obufx, ksl8xjf | lj=;+= @)$) | @ s6\7f | ;d'bfo;Fu | ;Gtf]ifhgs |
| #= Obufx, ;f]d/xjf | lj=;+= @)@) | $ s6\7f | ;d'bfo;Fu | ;Gtf]ifhgs |
| $= Obufx, v'/x'l/of | lj=;+= @)@) | ! s6\7f !) w'/ | ;d'bfo;Fu | ;Gtf]ifhgs |
| %= Obufx, t]g'xjf/, k;f{xf]n | lj=;+= @)%) | @ s6\7f | ;d'bfo;Fu | k;f{xLdf cjl:yt Obufxsf] lgdf{0f sfo{ eO/x]sf] t/ vr{sf] cefjn] ;DkGg ug{ g;lsPsf] |

dfly k|:t't Obufxsf] cWoogaf6 b]lvG5 ls dl:hb / db/;fsf] t'ngfdf Obufx sd 5g\ . b'O–tLgj6f ufpFsf nflu Pp6} Obufx ;d]t /x]sf] kfOof] . j'6jn If]qdf Pp6f klg Obufx g/x]sf] kfOof] . Obufx lgdf{0fsf] nflu hldg cefjsf sf/0fn] lgdf{0f ug{ g;lsPsf] e]l6of] .

tf/jf/sf] cefj, hUuf cltqmd0fsf] ;d:of, hUufwgLk"hf{ gx'g' s/jnfsf] klg lgolt lyof] . tnsf] tflnsfn] cWoogdf k|fKt s/jnfx?sf] hfgsf/L lbPsf] 5 .

tflnsf @%

s/jnfsf]] l:Yflt

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| s/jnfsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] jt{dfg cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| != s/jnf, lgz'gk'/f | k/fk"j{ sfnb]lv | ! ljufxf !) s6\7f | ;d'bfo;Fu | e/k'/jfdf s/jnf dfl;b} uPsf] | * hUuf btf{ k|df0fkq pknAw u/fOg'kg{] * tf/jf/ jf 3]/fjf/ jf= lgzfgL lgdf{0f ug{'kg{] * hUuf cltqmd0f /f]Sg'kg{] | * lxGb' / d'l:nd b'j}n] Ps} ;dodf tflhof agfP/ s/jnfdf NofP/ kj{ dgfpg] x'Fbf cfk;L ;befj / ;xi0f'tfsf] ljsf; x'g] |
| @= s/jnf e/tk'/jf | lj=;+= !(%) | % s6\7f & w'/ | ;d'bfo;Fu | ljz'gk'/fdf ;Gtf]ifhgs |
| #= s/jnf j'6jn |  | ef8fdf lnP/ sfdrnfp | ;d'bfo;Fu | tf/af/ gePsf] / l;dfIf]q lglZrt gul/Psf] |
|  |  |  |  |  |

dfly k|:t't s/jnfb]lv jfx]s cGo 7fpFdf s/jnfsf] nflu hldg gePsfn] lgdf{0f ug{ g;lsPsf] kfOof] . j'6jn If]qdf s/jnfsf] nflu k|of{Kt hUuf gePsf] / ef8fdf hldg lnP/ s/jnfsf] nflu :yfg lglZrt ug{] u/]sf] kfOof] .

s/jnfdf tflhof jgfP/ nfg] ul/G5 . d'l:ndx?n] Odfd x';}gsf] ;Demgfdf tflhof jgfP/ s/jnfdf nfg] k|rng a/]nL ;d'bfodf /x]sf] kfOof] . o;}u/L cxn] xlb; ;d'bfodf o:tf] k/Dk/f gdfGg] u/]sf] kfOof] . o; ;d'bfon] tflhof k|rngnfO{ gdfGg] / ;f]e}m cNnfxnfO{ dfGg] ePsfn] o:tf] k|rng g/x]sf] eGg] egfO kfOof] .

s/jnfem} sa|:yfgsf] cj:yf s] 5 egL] vf]hL ul/Psf] lyP . ;f] vf]hL cg';f/sf] hfgsf/LnfO{ tnsf] tflnsfdf pNn]v ul/]Psf] 5 .

tflnsf @^

s|j|:yfgsf]] l:Yflt

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| --- | --- | --- | --- | --- | --- | --- |
| sj|:yfgsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] jt{dfg cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | d'l:nd / u}xd'l:ndn] kfpg] kmfObfx? |
| != sj|:yfg, v'/x'l/of | lj=;+= !()! | ! lj3f | ;d'bfo;Fu | ;a} sj|:yfgx?df tf/jf/ gul/Psf] / v'Nnf hldg dfq /x]sf]n] s'g sj|:yfgsf] nflu k|of]u ug{] hUuf xf] egL 5'6\ofpg sl7g /x]sf] . | * tf/jf/sf] Joj:yf ug{'kg{] * s|j|:yfgsf] gfddf hUuf btf{ ug{'kg{] * s|j|:yfg k'Ugsf] nflu af6f] agfpg] ah]6 ;/sf/n]   5'6\ofpg'kg{]   * hldg pknAw u/fpg'kg{] | * d'l:nd ;d'bfodf s|j:yfg x]/]kl5 cfˆgf] d[To'sf] ofb cfpg] ePsfn] dflg; v/fj Pj+ cg}lts ug{ cu|;/ gx'g] ljZjf /x]sf] kfOof] . * plgx?df Odfgsf] gfhuL cl/j/tsf] ofb x'g] . |
| @= sj|:yfg, b'j}lnof | lj=;+= !\*() | $ s6\7f | ;d'bfo;Fu |  |
| #= sj|:yfg, ksl8xjf | k/fk"j{ sfnb]lv | @ lj3f ! s6\7f !) w'/ | ;d'bfo;Fu |  |
| $= sj|:yfg, j'6jn | k/fk"j{ sfnb]lv | % s6\7f |  |  |

dfly k|:t't sj|:yfg afx]s cGo ufpFx?df cfˆg} gDj/L hUufdf sa| /fVg] u/]sf] kfOof] . lsgls sj|:yfg ufpFb]lv w]/} 6f9f lyP . o;afx]s cGo k|of]hgsf nflu klg ;f]xL hUufsf] k|of]u x'g] u/]sfn] d'l:ndx?n] cfˆgf] gDj/L hUufdf sj| /fVg] u/]sf] kfOof] . o;sf ;fy} sj| /fv]sf] :yfg z'4 / cGo k|of]hgsf nflu k|of]u ug{ gx'g] ljZjf; klg pgLx?df kfOof] h:sf] sf/0fn] ubf{ cfˆg} hUufdf sa| /fVg] k|rng a9\b} uPsf] kfOof] . j'6jn / n'lDjgL If]qdf s|j:yfgsf] nflu k|of{Kt hldg g/x]sfn] klg o:tf] egfO e]l6of] .

**1\_ gjnk/f;Ldf ePsf ef}lts ;Dkbfx?**

gjnk/f;Lsf] /fdu|fddf !@% jif{ k'/fgf] 3f]8kfnL dl:hb kfOof] . \*) jif{ k'/fgf] cn dxfb'n O:nfdL cNf ;NkmLof db/;f klg e]l6of] . To;}u/L s'l8of Obufx klg ;f]xL lhNnfdf kfOof] . of] Obufx ;g\ !(%) df :yfkgf ePsf] lyof] . /fdu|fddf 3f]8kfnL sj|:yfg lyof] h'g @)) jif{ k'/fgf] xf] . s/jnf eg] @)#! ;fn kl5 dfq} ag]sf] e]l6of] .

dbf/jfjf rfFlx o; lhNnfsf] cf/fWo x'g\ . O:nfd wdf{jnDjLn] dbf/jfjfnfO{ l;+x kmls/sf] dhf/sf] ?kdf a'em]sf lyP eg] lxGb'x?n] rfFlx cfcfkm\g} gfdsf O{Zj/sf] ?kdf k'h]sf lyP . 5nkmndf ;xefuLx?n] dbf/jfjf O/fssf] ly/Lof xnsaf6 s/La !$)) jif{ cufl8 gjnk/f;L cfpg'ePsf] atfPsf lyP . Toxf+ pxfFn] $) lbg;Dd lrNnfs;L ug{'ePsf] , bfgax?n] dflg;x?nfO{ b'Ùv lbPsf] / ;f] d'St ug{ pxfF cfpg'ePsf] ljZjfz /x]sf] kfOof] . dbf/jfjfsf] jf:tljs dhf/ ef/tsf] sfgk'/ lhNnfsf] dsjfgk'/df /x]sf] / gjnk/f;Ldf lrNnfs;L u/L Ojfjt k|fKt u/]sfn] ;f] :yfgnfO{ kljq dfg]/ d]nf nfUg] u/]sf] cWoogaf6 yfxf eof] . cxn] cn xlb; ;d'bfosf d'l:ndx?n] dbf/jfnfO{ cGo d'l:ndx?n] em} dfGg] u/]sf lyPgg\ . o;/L x]bf{ d'l:ndx?n] :yfg ljz]if / dfGotf ljz]ifn] klg ;Dkbf dfGg] / gdfGg] s'/fdf km/s wf/f0ff /fv]sf] kfOof] .

dbf/jfjf s/La @% la3f If]qkmnsf] P]nfgL hUufdf km}lnPsf] 5 / btf{ ePsf] 5}g . aif{]gL kmfu' k"l0f{dfsf lbg z'? eO{ \* lbg;Dd ;f] d]nf nfUg] ub{5 . dbf/jfjfsf] :ynnfO{ wfld{s tyf P]ltxfl;s dxTjsf] xf] egL ko{6lso :ynsf] ?kdf ljsf; ug{ ;lsg] ;+efjgf e]l6of] . o;sf nflu lgDg sfdx? ug{kg{] b]lvG5 .

kfgL , af6f], lah'nL / zf}rfnosf] Joj:yf ug'{kg{]

dbf/jfjfsf] gfddf hUuf btf{ ug'{kg{]

3]/faf/ ug'{kg{]

cltyL cf>d agfpg' kg{]

af6f]df k"0f{ ;'/Iffsf] Aoj:yf ug'{kg{]

gjnk/f;L lhNnfdf pknJw dl:hbx?sf] l:ylt tnsf] tflnsfdf b]vfPsf] 5 .

tflnsf @&

dl:hbsf]] l:Yflt

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| --- | --- | --- | --- | --- | --- | --- |
| dl:hbsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| /hf hfdf dl:hb  /fdu|fd g= kf @, gjnk/f;L | lj=;+= !(() | # s7\7f % w'/ | dl:hbsf] cfkmg} gfddf | /fd}| cj:yf | hUuf Dfl:hbsf] gfddf gfd;f/L ug'{kg{]  ;+/If0f / ;Dj4{gsf] nflu Wofg k'¥ofpg'kg{],  vfg]kfgL / zf}rfnosf] Joj:yf ug{'kg]{  {] | d'l:ndnfO{ gdfh k9\g tyf cNnfxsf] Ojfbtsf ;fy} u}x| d'l:nd;Fu cfk;L d]nldnfk tyf ;b\efj sfod /fVg ;xof]u .  Ps csf{sf] wd{k|lt cfb/efjsf] ljsf; |
| dl:hb 3f]8kfnL  /fdu|fd g= kf #, gjnk/f;L | !@% jif{ k'/fgf] | ! s6\7f | ;ld pNnfx cG;f/L tyf lhs'/ pNnfx cG;f/L sf] gfddf cfwf cfwf . | /fd}| cj:yf |  |  |
| /hf k'/fgf] hfdf dl:hb | @)!) ;fndf | ! s6\7f | dl:hbsf] gfddf | /fd}| cj:yf 5 |
| /hf dl:hb u}fl;of hfdf  s'zdfxf & | lj=;+= !()% | !) s7\7f | db/;fsf] gfddf 5  { | /fd}| cj:yf 5 |
| sfbl/of cxn] ;'Ggt km}h'n cf]n'd /fduf|d ^ kf]v/fkfln | hfgsf/L gePsf] | ^ w'/ | cldg ldof / zflx/ clnsf] gfddf | /fd}| cj:yf 5 |
| s'l8of dl:hb s'l8of \*, gjnk/f;L | !(&\* ;fndf | # s7\7f !) w'/ | d'l:nd ;d'bfo;+u | /fd}| cj:yf 5 |

:ynut cWoogn] b]vfPsf] 5 ls gjnk/f;Lsf dl:hbx?sf] Eff}lts cj:yf ;Gtf]ifhgs lyof] . t/ klg JolQmsf] gfddf dl:hbsf] hUuf /lx/xg'n] eg] d'l:nd ;d'bfonfO{ s]xL lvGGftfaf]w ePsf] lyof] . oxL qmddf cWoogstf{x?n] db/;fx?sf] l:yltsf] klg cWoog u/]sf lyP . tnsf] tflnsfn] db/;fx?sf] Eff}lts cj:yfsf] lrq0f u/]sf] 5 .

tflnsf @\*

db/;fsf]] l:Yflt

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| --- | --- | --- | --- | --- | --- | --- |
| db/;fsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| db/;f clhhLof lhnfpg cf]n'd  /fdu|fd g= kf @, gjnk/f;L | @)#% ;fn | dl:hbsf] gfddf /x]sf] hUuf leq} ;Grflnt  # s7\7f % w'/  -/hf hfdf dl:hb\_ | dl:hbsf] gfddf | rfn' cj:yfdf | g]kfn ;/sf/ af6 ;/sf/L ljBfno ;/x ;xof]u ug'{{kg{] . o;f] ubf{ lzIffsf] Hof]lt km}nfpg ;xof]u k'Ug] lyof] .  b/jGbL ylklbg'kg{] . /fHon] nufgL a9fpg'kg{] . | d'l:ndsf afnaflnsfn] cfkmgf] wd{ ;+:s[lt ;DalGw lzIff kfpg] tyf u}/ d'l:ndx?n] klg ;/sf/L kf7\os|d cg';f/ k9\g kfpg] .  ;a} wfld{s ;d"xsf jfnjflnsf Ps} 7fpFdf k9\g kfpg] x'gfn] cfk;L d]n ldnfksf] efjgf a9\g] |
| cn dxfb'n O:nfdL cn;kmLof  /fduf|d g= kf #, gjnk/f;L | \*) jif{ k'/fgf] | !) s7\7f | db/;fs} gfddf | rfn' ,! b]lv % sIff , tf/jf/ 5}g |
| db/;f tfh'n cf]n'd, s'zdfxf & | #),$) jif{ cl3b]lv | !) s7\7f | db/;fsf] gfddf | rfn' cj:yfdf 5 |
| Dff]xDdlbof cxn] ;'Ggt  s'l8of \* gjnk/f;L | @)#! ;fn btf{ @)^^ ;fn | @ s7\7f !) w'/ | ;d'bfo;Fu | ;+rflnt |

cWoogn] b]vfof] ls db/;fx?df cfly{s cefj 5 . lzIfs b/aGbLsf] sdL 5 . / s]xL ;d'bfon] o;} rnfO{ /fv]sf] b]lvG5 . ToxfF tf/af/sf] Aoj:yf 5}g . hldg klg slx+ db/;fsf] gfddf, slx+ dl:hbsf] gfddf / slx+ ;d'bfosf] gfddf /fv]sf] b]lvG5 .

gjnk/f;Lsf] Obufx P]nfgL hldgdf kfOof] . To;nfO{ d'l:nd ;Dkbfsf] ?kdf btf{ ug]{ k|jGw ePsf] b]lvPg . tnsf] tflnsfn] cWoog ul/Psf dWosf] Ps Obufxsf] Eff}lts cj:yfsf] lrq0f u/]sf] 5 .

tflnsf @(

Obufxsf]] l:Yflt

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| --- | --- | --- | --- | --- | --- | --- |
| Obufxsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| s'l8of Obufx, s'l8of \* gjnk/f;L | !(%) ;fn | @ s6\7f | P]nfgL | ;+rfngdf | e'ld;'wf/ af6 hUuf gfkL cfof]u v6fO{ k'hf{ lbg'kg]{ . | d'l:nd / u}/ d'l:ndljr cfk;L d]nldnfksf] efjgf ljsf; ug{] |

cWoogn] b]vfof] ls lhNnfdf ePsf] Psdfq Obufx klg P]nfgL hUufdf ag]sf] lyof] . To;nfO{ e"ld;'wf/sf] gfkLdf Obufx egL 5'6\ofOPsf] lyPg . s/jnfsf] klg ;f]xL cj:yf e]l6of] . tnsf] tflnsfn] s/jnfsf] EFf}lts cj:yf b]vfPsf] 5 .

tflnsf #)

s/jnfsf]] l:Yflt

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| --- | --- | --- | --- | --- | --- | --- |
| s/jnfsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] jt{dfg cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| s'l8of s/jnf, s'l8of \* gjnk/f;L | @)#! ;fn | @ s7\7f !) w'/ | P]nfgL | ;+rfngdf /x]sf] t/ lgdf0f sfo{ k'/f gePsf] . | lgdf{0f sfo{sf] nflu nufgL ug{'kg{] . P]nfgL hUuf nfO{ sfg'gL l/t cg';f/ d'l:nd ;d'bfosf gfddf btf{ ug{'kg{] . | cfk;L ;befj / ;xi0f'tfsf] ljsf; x'g] |

dflysf] tflnsfn] b]vfp+5 ls Obufx / s/jnfsf] ef}lts l:ylt Ps ;dfg lyof] . b'j} ;+rfngdf lyP . t/ P]nfgL hUufdf lyP . b'a} ;Dkbfx?n] ;/sf/L Wofg vf]h]sf lyP .

cWoogsf] qmddf sa|:yfgsf] klg cWoog ul/Psf] lyof] . tnsf] tflnsfn] gjnk/f;Ldf pknJw sa|:yfgsf] ef}lts cj:yfaf/] hfgsf/L lbG5 .

tflnsf #!

sj|:yfgsf]] l:Yflt

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| --- | --- | --- | --- | --- | --- | --- | --- |
| sj|:yfgsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] jt{dfg cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? | **Voflt a9fpg ul/g'kg{] sfo{x?** |
| /fduf|d sj|:yfg | !)) jif{ eGbf klxn] | @ laufx | P]nfgL | tf/jf/ 5}g . s]xL hUufdf ;/sf/L sf/fuf/sf] kvf{n /x]sf] 5 . | tf/jf/sf] Joj:yf ug{'kg{]  sj|:yfgsf] gfddf hUuf btf{ ug{'kg{] .  ;/sf/n] sj|:yfgsf] nflu ah]6 5'6\ofpg'kg{] .  hldg pknAw u/fpg'kg{] .  . | d'l:nd ;d'bfodf s|j:yfg x]/]kl5 cfˆgf] d[To'sf] ofb cfpg] ePsfn] dflg; v/fj Pj+ cg}lts sfd ug{ cu|;/ gx'g] ljZjf; /x]sf] kfOof] . | tf/jf/sf] Joj:yf ug{'kg{]  s|j:yfgsf] gfddf hUuf btf{ ug{'kg{]  s|j:yfgsf] nflu ah]6 ;/sf/n] 5'6\ofpg'kg{]  hldg k|of]u pknAw u/fpg'kg{]  wd{ ;+:s[lt cg';f/ d[To' ;+:sf/ ug{ kfO{G5 . |
| sj|:yfg 3f]8kfnL  /fduf|d g= kf #, gjnk/f;L | @)) jif{ k'/fgf] | ! s7\7f !) w'/ | cn dxfb'n OZnfdL cN;lkmof db/;fs} gfddf | ;a} s|j:yfgx?df tf/jf/ gul/Psf] / v'Nnf hldg dfq /x]sf]n] s'g sj|:yfgsf] nflu k|of]u ug{] hUuf xf] egL 5'6\ofpg sl7g /x]sf] . |
| /hf sj|:yfg /fduf|; !@ | !()& ;fn | !% s7\6f | P]nfgL hUuf |
| s'l8of sj|:yfg  s'l8of \* gjnk/f;L | !)) jif{ k'/fgf] | ! la3f !! s7\7f | P]nfgL | ;+rfngdf /x]sf] t/ Joltmx?n] s]xL hUuf x8Kg nfu]sf] . |

sa|:yfgsf] Eff}lts l:ylt laZn]if0f ubf{ b]lvG5 ls Toxf+ tf/jf/sf] Joj:yf 5}g . ;f]xL sf/0fn] ubf{ s]xL JolQmn] hUuf x8Kg nfu]sf] klg kfOPsf] lyof] . o; l:yltdf s;/L sa|:yfgsf] ;'/Iff ug{ ;lsG5 egL ;f]Rg'kg]{ cfjZostf b]lvPsf] lyof] .

:ynut cWoogsf] qmddf d'l:nd ;Dkbfx?nfO{ ko{6g :ynsf] ?kdf klg pkef]u ug{ ;lsg] ;+efjgf e]l6Psf] lyof] . tgx"'+sf] ;tL:jf/f / lsx'+ uf+pdf ePsf dl:hbx?, slkna:t'sf] dlbgf dl:hb, ?kGb]xLsf] /hfo] d':tfkmf, gjnk/f;Lsf] 3f]8kfnL / /hf dl:hb tyf dbf/jfjf P+j bf+ªsf] b]pv'/Ldf ePsf dl:hb ko{6sLo :yn agfpg ;lsg] ;+efjgf b]lvof] .

oL ;+efjgfx? pk/ d'l:nd ;d'bfodf dt}Sotf sfod u/L ltgnfO{ ko{l6sLo :ynsf] ?kdf klg pkof]u ug{ ;lsg] cj:yf kfOPsf] lyof] . tnsf] tflnsfdf gjnk/f;Lsf d'l:nd ;DefJo ko{6sLo :ynsf] EFf}lts cj:yf lrq0f ul/Psf] 5 .

tflnsf #@ ko{6sLo :ynx?sf]] l:Yflt

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| ko{6sLo :ynsf] gfd | :yfkgf | If]qkmn | :jfldTj | ;Dkbfsf] jt{dfg cj:yf | Aojl:yt u/fpg ul/g'kg{] sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| hflnd jfjf dhf/ / sj|:yfg  uf= lj=; s'zdfx, a]nf;k'/ | \*% jif{ klxn] | ! s7\7f !) w'/ | P]nfgL | ;+rfngdf /x]sf]  dhf/ x]g{ 3'Dg / pkrf/ ug{ b}lgs cf};t \*) b]lv () hgf Joltmx? cfpg] u/]sf] | dhf/sf] 5t 9nfg ug{'kg]{ .  wd{zfnf lgdf0f ug{'kg]{ .  zf}rfno lgdf0f ug{'kg]{ .  au}+rf lgdf0f ug{'kg]{ .  z'¢ kfgL lkpg] Joj:yf ug{'kg]{ .  dbf/afafsf] zltmsf] Jofks ?kdf k|rf/ ul/g''kg]{ | ko{6sLo :yn aGg] |
| dbf/ zfx afaf  s'l8of ^, dxnjf/L | !$)) jif k'/fgf] | @% laufxf | P]nfgL | jflif{s !),!@ nfv eGbf al9 etmhg cfpg] |  | ko{6sLo :yn aGg] |

:ynut cWoogaf6 b]lvPsf] 5 ls xfn pknAw d'l:nd ;Dkbf ljz]iftM dl:hb, dhf/ / Obufxf tyf s/jnfx?nfO{ ko{6sLo :yn agfpg ;lsg] kof{Kt ;+efjgf 5 . o; cWoogn] cf}NofPsf :yn / d'l:nd cu'jfx?sf] ;j{;Ddltdf klxrfg ul/Psf ;Dkbfx?nfO{ ef]]lnsf] ko{6sLo uGtJo :yfg agfpg ;lsg] l:ylt b]lvG5 .

**dbf/afaf d]nfsf s]xL tl:j/x?**





**hflnd afaf dhf/sf s]xL tl:j/x? -tn\_**

** **

** **

# $ ;f+:s[lts ;Dkbf

d'l:ndx? ;f+:s[lts ;Dkbfdf wgL 5g\ . kfs gkfs pgLx?sf] b}lgsL xf] . kfsn] kljq eGg] s'/f l;sfp5 . ;/;kmfO;Fu ;DjlGwt jh'sf] of] dfGotf d'l:nd ;d'bfosf] b}lgsL ePsf] 5 . gdfh k9\g'k"j{ ug{] rngsf] ?kdf of] k|yf ;+:yfut ePsf] 5 . k'?if tyf dlxnf b'j}n] ul/g] of] k|lqmof :jf:Yo;Fu klg ;DjlGwt 5 .

Oqm csf{] ;f+:s[lts ;Dkbf xf] . of] cNnfxsf] klxnf] cfb]z xf] . o;sf] cy{ xf] k9 . ;a}n] k9\g'k5{ / ;a}nfO{ k9fpg'k5{ eGg] s'/f kmh{ jf st{Josf] ?kdf :yflkt ug{ of] ;d'bfonfO{ cNnfxn] cfb]z lbPsf 5g\ . To:t} O:nfd zAbn] zflGt tyf cNnfxsf] cf 1fkfng eGg] hgfp5 . cNnfxsf] cfb]z dfGg'' jf cfTd;dk{0f ug{'' jf cf1f kfng ug{''g} O:nfd xf] . t/ wd{ / /fhgLlt Ps} 7fpFdf /fv]/ x]g{] clxn]sf] b'Flgofn] ubf{ O:nfdsf] jf:tljstfg} ga''emL d'l:nd ;d'bfonfO{ x]g{] ljZj b[li6sf]0f cln km/s b]lvPsf] xf] .

;f+:s[lts ;DKfbf klxNofpg] qmddf coogsf] qmddf] b'O{j6f cfwf/ lnOPsf] lyof] . klxnf] cfwf/ lyof] hGdb]lv d[To';Dd ;+:sf/df ePsf ;Dkbfx?sf] vf]hL ug{] . bf]:f|f] cfwf/ lyof] ;dfof]hgfsf] qmddf d'l:nd / u}/d'l:ndn] Pscsf{df ljsf; u/]sf] ;Dkbfx? klxNofpg] . klxnf] cfwf/sf cg';f/ d'l:nd ;d'bfosf ;f+:s[lts ;Dkbfx? o; k|sf/ e]l6Psf lyP . tnsf] tflnsfn] of] s'/fsf] hfgsf/L lbG5 .

tflnsf ##

**hGdb]lv d[To';Ddsf] ;+:sf/**

|  |  |  |
| --- | --- | --- |
| ;+:sf/ | sfo{qmd | 7fpF ljz]ifsf] rng |
| chfg | Affnjflnsf hGdgf;fy kfsfx?af6 chfg lbg] ul/G5 t/ of] ug}{ kg]{ s''g} h?/L 5}g . |  |
| kfZgL | gjhftnfO{ klxnf] b'w r';fpgeGbf cl3 kfsfx?n] s]xL Vjfp5g\ . |  |
| clssf | hGd]sf] & lbgdf jf ;f] kZrft lglZrt k|s[of4f/f ul/g] sfo{ clssf xf] . |  |
| vtgf | Affnssf] ln+usf] cu|efusf] 5fnf sf6\g] sfdnfO{ vtgf elgG5 . | tgx'Fdf of] k|lqmofnfO{ ;'Ggt gfd lbOPsf] 5 . |
|  |  |  |
| ljjfx | O:nfdL tl/sf cg'';f/ ljjfx ul/G5 . h;df b''nxfn] b''nxLnfO{ lglZrt df]x/ lbO{ wd{u''? jf hfGg] JolQmaf6 lgsfx jf ljjfxf ul/G5 .;fIfL ;lxt b''a} kIfn] b'nxf b''nxLn] ;lx5fk u/L lgsfxgfdf klg lbg]lng] ul/G5 . | lgsfxfsf] cnfjf bfª, slknj:t' / ?kGb]xLdf bx]h lng] rng 5 t/ s'/cfgsf] $=% df rfFlx s]6LnfO{ ljjfxdf lbg] s'/f dfq} pNn]v 5 . |
| ?Sjfgf | ljjfx ul/Psf] s]6LnfO{ b'nfxfsf] 3/ k7fpg] sfo{nfO{ ?Sjfgf elgG5 . |  |
| jfn]df ef]h | b'nxL leq\ofP kl5 b'nfxfn] cfk\mgf gft]bf/ tyf O:6ldqx?nfO{ lrgfpg] a]nfdf cfof]hgf ul/G5 . |  |
| hgfhf | s;}sf] d[To' x'gf;fy d'l:ndx? d}otnfO{ sa|:yfgdf nuL bkmgfpg'' eGbf cl3 kl9g] gdfh hgfhfsf] gdfh xf] . of] gdfhdf d[tssf] enfOsf nflu cNnfx;+u k|fy{gf ul/G5 . |  |

o; jfx]s cWoog ul/Psf lh+Nnfx?df eg] df]x/{d rf8 dgfpFg], rf8df tflhof v8f ug{] / hfu|fd ug{] rng bfª, ?kGb]xL, gjnk/f;L / slknj:t' lhNnfdf lyof] .

o:t}u/L tgxF'sf] ;tL:jf/fdf eg] ljjfxdf s;} s;}n] afhf ahfpg] u/]sf] klg kfOof] t/ clxn] cfP/ of] O:nfdL rng x}g eGg] b[li6sf]0f /fVg]x?n] of] rng x6fpFb} nu]sf] kfOof] eg] :yfg ljz]ifsf] rng x'g ;S5 eGg] egL :jLsfg{]x? klg e]l6P . slknj:t'sf d';ndfgx?n] sa|:yfgdf ?v nufpg] rng rnfPsf lyP . clxn] klg of] rng rln/x]sf] kfOof] .

**snfsf}znLo ;Dkbf**

sf7df8f}+sf /fhf /Tg dNn -Siddika, 1993\_ n] Jofkf/Lsf] ?kdf lgDTofOPsf sf7df08f}sf dfq d'l:ndx?sf] ^)) jif{ eGbf a9Lsf] Oltxf; 5 . cfly{s cj:yf /fd|f] gePsf s]xL l;ldt d'l:nd dlxnf tyf k'?ifx? >[+uf/sf ;fdfg a]Rg ufpFufpFdf lx8\g] klg u/]sf lyP . clxn] of] rng x/fPsf] 5 . o;sf] abnf lgZrt 7fpFdf >[+uf/sf ;fdfgx?sf] k;n rnfpg] sfd eg] k/Dk/fut ;Dkbfsf] ?kdf /x]sf] 5 . o; afx]s kf]t] pGg] rng klg o; ;d'bfodf kfOof] .

g]kfnsf c7f/f}F ztfAbLlt/sf /fhf dxf/fhfx?n] d'l:ndx?nfO{ l;kfxL tflnd ug{ s]xL :yfgdf lgDTofOPsf] s'/fx? klg ;d'bfosf] Oltxf;df e]l6of] . z]v, z}ob d'un / k7fg egL lrlgg] oL rf/ j+zdWo] k7fgnfO{ Tof] lhDdf lOPsf] s'/f cWoogsf] qmddf kfOPsf] lyof] . of] ;d'bfon] g]kfnL l;kfxLnfO{ o'4snf / xltof/ k|of]usf jf/]df lzIff tyf ;Lk k|bfg u/]sf] lyof] .

t]>f] ;d'bfo ef/tsf] lj|l6; /fhdf cyf{t\ ;g\ !\*%& lt/ g]kfndf a;fO ;/]sf] e]l6of] . To;/L g} ;g\ !(%( lt/ rLgsf] ;fDojfbL zf;gsfndf g]kfn k|j]z u/]sf d';n;dfgx? eg] v]tL ls;fgLdf lqmofzLn ePsf] kfOof] . tL d'l:nd ;d'bfonfO{ cflbaf;L x'g\ eGg] a'emfO klg ;f] ;d'bfodf e]l6of] . t/ To;sf] k|fdfl0fs cfwf/ eg] st} s]xL e]l6Pg .

o; afx]s dl:hb, db/;f, em\ofn 9f]sf dlxnf tyf k'?ifsf n'uf Pj+ u/uxgfx?df cg]sg\ snfsf}znx? e]l6Psf lyP . tnsf] lrqfTds k|:t'tLn] oL snfsf}znx? k|blz{t u/]sf] 5 .

**dl:hb, db/;f, sa|:yfg cflbdf b]lvPsf] s]xL snfsf}znx?sf] lrqfTds k|:t'tL**

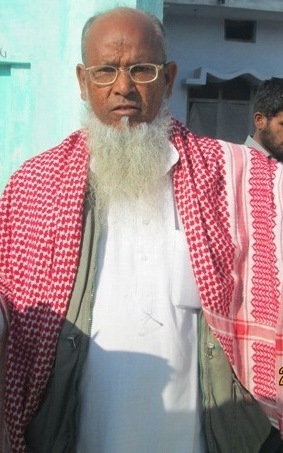


dflysf] lrqfTds k|:t'ltaf6 b]lvG5 ls d'l:ndx?sf] cl4tLo snfsf}zn 5 . oL snfsf}znx?dWo] sltko snfsf}zn u}/ d'l:nd ;d'bfodf klg k|j]z eO;s]sf] b]lvG5 . ?kGb]xLsf] dl0f d's'Gb;]g kfs{df /x]sf] dxfb]jsf] dlGb/ d'l:nd snfsf] gd"gf xf] . u'Ddhsf] ?kdf ag]sf] of] sfl/u/L d'l:ndaf6 lxGb' ;d'bfodf ?kfGt/0f ePsf] kfOof] . o;}u/L bfªsf s]xL u}/lxGb'sf em\ofnsf] cfs[ltn] klg d'l:ndsf] snfsf}znLo ;Dkbf qmdzM ;femf ;Dkbf x'Fb} uPsf] b]lvof] .

d'l:nd ;d'bfosf cf cfkmg} 9+usf lnjf; jf sk8fx? e]l6P . ltgLx? o; k|sf/sf lyP .

slknj:t' / ?kGb]xLdf kfOPsf k'?if sk8fx?

** **   

k'?ifsf lnjf; em} dlxnf lnjf;x?df klg snfTds k|:t'tL kfOPsf] lyof] . gsfj / s'yf{df kfOPsf] snfdf klg d'l:ndLkgf emlNsPsf] lyof] . 6f]kL afx]ssf d'l:ndL lnjf;x? u}/ d'l:ndsf klg aGb} u/]sf kfOof] . n+'uL, s'yf{, kfOhfdf / uD5f ltgdf k|d'v lyP . tnsf lrqx?n] d'l:nd dlxnfsf lnjf;x?sf] hfgsf/L lbPsf] 5 .

d'l:nd dlxnfsf lnjf;sf] lrqfTds k|:t'tL



k'?if d'l:ndsf lnjf;x? d'l:nd klxrfgaf6 u}/ d'l:nd x'Fb} ;fj{hlgs eP em} dlxnf d'l:ndsf sk8fx? klg u}/ d'l:ndsf sk8f ePsf kfOP . cyf{t\ u}/ d'l:nd dlxnfx?n] klg r'8Lbf/ ;njf/ / s'yf{ nufpg] u/]sf] kfOof] . gsfj jf j'sf{ /fv]/ kmf]6f] lvrfpg] u/]sf] e]l6of] . o; cy{df d'l:nd dlxnfx?n] O:nfdL lnjf;nfO{ klxrfgd} sfod /fv]sf] / u}/ d'l:ndx?n] rfFlx To;nfO{ km];gsf] ?kdf lnOPsf] kfOof] . Hofb} Go"g ;+Vofdf dfq} d'l:nd dlxnfn] kfOG6 ;6{ nufPsf] kfOof] . s]xL lzIfsx?sf] cg'e"ltdf klg :s'nsf] 8«];sf] ?kdf d'l:nd 5fqfn] kfO06 / ;6{ nufpg grfx]sf] / u}/ d'l:ndx?n] ;xh} kfOG6 ;6{ :jLsf/]af6 klg dflysf] egfO kl'i6 ePsf] lyof] .

vfgkfg t]>f] a'Fbf lyof] . cWoogsf] qmddf O:nfdL ;\d'bfon] ljl/ofgL d';Nnf, l;df{n, k'nfp, hbf{, tf;, ;kmftL, tGb'/L, lvr8f h:tf cg]sg\ vfg]s'/f vfg] Vjfpg] u/]sf] kfOof] . t/ d'l:ndsf rf8kj{df eg] cf cfkmgf] uR5] cg';f/ ;j}n] ;j}y/Lsf vfg]s'/f vfg] Vjfpg] u/]sf] kfOof] . tnsf] lrqfTds k|:t'tLn] d'l:nd vfgfsf] hfgsf/L lbG5 .

d'l:nd vfgfsf] lrqfTds k|:t'tL

dflysf] lrqfTds k|:t'tLn] b]vfof] ls ljl/ofgL, k'nfp, tGb'/L h:tf d'l:nd vfgfx? ca cGt/f{li6«o hutsf] vfgf eO;s]sf] 5 . glhssf u}/ d'l:ndsf xf]6n tyf /]i6'/fFn] klg oL vfgfx?nfO{ cfkm\gf] ;"rLdf /fVgfn] d'l:ndsf vfgfx?n] dhxjL klxrfgsf] lj:tf/ u/]sf] b]lvof] . h'g s'/f Hofb} ;sf/fTds dfGg ;lsG5 .

**efiff ;flxTo**

cWoogn] b]vfp+5 ls O:nfd wd{df cg]]sg\ cWoflTds sljx? lyP . ;f4L, ?dL, ;gfO, cQ/, cdLg v';? / cnfdf Osjfn sfltnf h:tf JolQmx? o; cGt/u{t k5{g\ . oL sljx?n] c/jLdf cWoflTds zfo/x? n]v] t/ c? uLt tyf sljtf c/jLdf n]Vg] ls gn]Vg] eGg] s'/fdf rflx lrGtgut leGgtf e]l6of] . o; leGgtfnfO{ cfTd;ft u/]/ c/aL afx]s pb'{, kmf/;L, lxGbL / g]kfnLdf sljtf n]Vg] cg]sg\ JolQmx? hlGdP . uhn d'l:ndx?s} ;Dkbf xf] . klxrfg xf] . sf}jfnL d'l:nds} klxrfg xf] . gf]xf, Zffo/L tyf gftZf/Lkm klg d'l:ndx?s} ;Dkbf x'g\ . g]kfnsf] ;Gbe{df eg] sf:sLsf cnL ldof+ /fli6«o sljsf] ?kdf kfOG5g\ eg] sf7df8f}+sf Vjfhf d'cHhd\ ldofhL, slkna:t'sf df]ljg vfg, af+s]sf d':tkmf cx;g s'/]zL, cAb'n ntLkm zf}s, h'a]/ gflts, :j=c:kmfs /;"n xf;dL, hdLn cxdb xf;dL, df}nfgf g"/cfnd, o";'km cf/kmL, c:kmfs h;u9, ;'v]{tsf cAb'n sf/L, a;L/ df}nfgf cflb JolQmx? efiff ;flxTodf snd rnfpg] JolQmTjx? x'g\ .

# % cWoogsf] pknAwL / ;Dkbfx?sf] ;Daw{g tyf lasf;sf pkfox?

**cWoogsf] pknAwL**

b:tfj]h / lkmN8sf] cWoogaf6 k|fKt lgDglnlvt s'/fx?nfO{ cWoogsf] pknAwLsf] ?kdf k|:t't ul/Psf] 5 .

-s\_ d'l:ndsf cg]sg\ ef}lts ;Dkbfx? e]l6P . ltgdf dl:hb, db/;f, Obufxf, s/jnf, dhf/ sj|:yfg k|d'v lyP . t/ tL ef}lts ;Dkbfx?sf] l:ylt eg] Ps ;dfg kfOPg . dl:hbdf kljq k};f dfq nufgL ug{'k5{ eGg] ljZjf;n] ubf{ / ;f] cg'?ksf] ;xof]u gh'6\bf sltko dl:hbx?sf] ef}lts cj:yf ;Gtf]ifhgs lyPg . db/;f Obufxf, s/jnf / sj|:yfgsf] klg ToxL cj:yf lyof] t/ jfXo ;xof]u lnPsf / wgL d'l:ndj:tLsf ;Dkbfx? rfFlx Jojl:yt 9+udf /x]sf lyP .

-v\_ ef}lts ;Dkbfx?;Fu ;Dj4 cg]sg\ ;d:ofx? e]l6P . klxnf], hUufsf] :jfldTj cfkm\gf] gx'g', bf]>f], P]nfgL jf ktL{ hUufdf ;Dkbfx?sf] lgdf{0f x'g' / ef]u rng x'g' . t];|f], ePsf sltko ;Dkbfx? klg JolQmsf] gfddf x'g' / ;fj{hlgs ef]urng ug{] jfWotf x'g' . rf}yf], ePsf ;Dkbfx?sf] ef}lts k"jf{wf/df sdL x'g' . kfrf}F, sltko ;+/rgfx? lgdf{0f / k'glg{df0f ug{'kg{] cj:yfdf /xg' . 5}7f}F, btf{ jf j]btf{df w]/} hldg b]lvP klg jflx/L j:tLn] cltqmd0f ug{' . ;ftf}, pko'Qm 9+usf :ynx? pknAw gx'g' . cf7f}, gjnk/f;Lsf] dbf/jfjf / tgx"F'sf] ;lt:jf/f h:tf P]ltxfl;s d'l:nd ;Dkbfx?nfO{ /fli6«o tyf cGt/fli6«o ;Dkbfsf] ?kdf dfGotf lbg] Joj:yf ug{ af+sL g} x'g' . gjf}, d'l:nd ;DkbfnfO{ wfld{s ko{6sLo :ynsf] ?kdf ljsl;t ug{] ;f]r gx'g' . bzf}F, ;/sf/L d"nwf/df cfPsf ;Dkbfx?jfx]s c?x?nfO{ lgoldt ?kdf ;xof]u ug{] :yfgLo tyf /fli6«o gLlt gx'g' .

-u\_ cWoogn] b]vfof] ls d'l:nd ;Dkbfx? s] s] x'g\ , ltgsf] cj:yf s] 5, ;Defjgf s] 5 egL P]ltxfl;s pTvgg\ ;lxtsf] lnvt st} klg kfOPg . h:tf] lhNnf lzIff sfof{nodf btf{ ePsf / x'g vf]Hg] db/;fx?sf] ;"rL dfq pknAw lyof] . lhNnfdf ePsf d'l:nd ;+3;:yfx?n] klg To:tf] cWofjlws /]s8{ /fv]sf lyPgg\ .

-3\_ snfsf}znLo ;Dkbfsf] b[li6n] x]bf{ e]l6of] ls d'l:ndx?df cg]sg\ ;Dkbfx? lyP t/ sltko k/Dk/fut snfx? cfw'lgstf;Fu} nf]k x'Fb{} uO/x]sf klg kfOP . Jofkf/snf , o'4snf s]xL pbfx/0f x'g\ . t/ s]xL d'l:nd snfsf}znx? u}/ d'l:ndsfdf ;dflxt -assimilate\_ eO/x]sf kfOP . em\ofn9f]sfsf] a'6\6f, dlGb/sf] uh'/, / dlxnf tyf k'?if sk8fx? s]xL To:tf pbfx/0fx? x'g\ .

-ª\_ lnjf;x?sf] ljZn]if0fn] b]vfof] ls d'l:nd n'ufx? u}/d'l:ndn]] km]zgsf] ?kdf k|of]u ul//x]sf lyP . cyf{t\ d'l:ndx?n] lnjf;nfO{ klxrfgsf] ?kdf / u}/d'l:ndn] km];gsf ?kdf l:jsf/]sf] kfOPsf] lyof] . k'?if / dlxnfsf s'yf{ ;njf/ o;sf pbfx/0f x'g\ .

-r\_ d'l:nd vfgfx? klg qmdzM u}/d'l:ndsf xf]6n tyf /]i6'/fsf] efG;fx?df kl'u/x]sf] kfOPsf] lyof] . o;jfx]s d'l:nd vfgfx?nfO{ cGt/ wfld{s / cGt/ ;d'bfo vfgfsf] ?kdf ljsl;t ug{'kg{] s'/fx? klg k|fKt ePsf] lyof] .

# d'l:nd ;+kbfx? ;Dkbfx?sf] ;Daw{g tyf lasf;sf pkfox?

# o; cWoogdfkm{t ;+u|lxt tYof+s, hfgsf/L Pj+ b:tfj]hx?sf] ljZn]if0fsf cfwf/df d'l:nd ;+kbfx? ;Dkbfx?sf] ;Daw{g tyf lasf;sf nlu lgDglnlvt pkfox? ul/g' k5{ egL l;kmfl/; ul/Psf] 5 .

! d'l:ndx?sf ef}lts ;Dkbfx?sf] P]ltxfl;s k[i7e"ld ;lxtsf] lnlvt tof/ kf/L ltgnfO{ ;DjlGwt ;+kbfsf] gfddf btf{ ul/g' kg{] . o;sf nflu -s\_ d'l:nd ;+3 ;+u7gsf g]t[Tjx?sf] kl/rfng ul/g'kg{] -v\_ :yfgLo :jfoQ zf;g P]g @)%% sf] cfwf/df uflj; jf gu/kflnsfdfkm{t To:tf ;Dkbfx?sf] lnlvt /flvg'kg{] -u\_ lhNnf ljsf; ;ldlt4f/f d'l:nd ;Dkbfsf] cj:yfnfO{ cBfjlws tYof+s tof/ kfl/g' kg{] -3\_ o;/L tof/ ePsf] ;Dkbf ;"rLnfO{ j]a;fO6 tyf ;+rf/sf cGo ;fwgdfkm{t ;fj{hlgs ul/g' kg{] -ª\_ Ps k6s tof/ ePsf d'l:nd ;Dkbf ;"rLnfO{ cBfjlws ug{ sDKo'6/ ;km\6j]o/ agfO{ To;df ;a}sf] kxF'r ;'lglZrt ul/g' kg{] .

@= d'l:ndx?n] wfld{s klxrfgsf nflu cf cfkm\gf ;d'bfox?s]f vf]hL, ;Djw{g / ;'/Iff u/] h:t} u}/ d'l:ndn] ltg} ;DkbfnfO{ km];gsf] ?kdf l:jsfb{} cfPsf] kfOof] . o; l:yltdf s'g s'g ;DkbfnfO{ c? wd{ tyf l/jfhsf ;Dkbfx?;Fu ;dflxt ug{ ;slG5 egL vf]lhg' kg{] . o;sf nflu d'l:nd klxrfgL ;Dkbf / c?sf ;Dkbfx?sf] Ps;fy k|bz{g ul/g' kg{], -v\_ :yfgLo If]lqo tyf /fli6«o Pj+ cGt/fli6«o :t/df o:tf k|bz{gLx? ug{sf nflu Jofkf/ d]nf, ko{6g d]nf, z}lIfs d]nf P]ltxfl;s d]nf h:tf cfof]hsx?;Fu ;xsfo{ ug{ ;lsg], -u\_ d'l:nd ;Dkbfx?nfO{ OlGhlgo/, km];gl8hfOg, 3/]n' pBdL, , kf]if0fsdL{ tyf cGo ;d'bfo;Fu ;+:yfut Pj+ JolQmut ;x;xof]u ug{] kl/j]z ldnfOg' kg{] .

#= d'l:nd ;Dkbfx?nfO{ ljleGg txdf juL{s/0f ul/g' kg{] . o;sf nflu juL{s[t ;Dkbfx?sf] ;+/If0f / ;Dj4{g ug{ cGt/fli6«o, /fli6«o, If]qLo tyf :yfgLo txdf cGt/lqmof ul/g' kg{] . ljleGg 7fpFdf ePsf cGt/lqmofsf cfwf/df d'l:nd ;Dkbfx?nfO{ :yfgLo, If]qLo, /fli6«o / cGt/fli6«o ;Dkbfsf] ?kdf ;+/If0f tyf ;+j4{g ug{sf nflu tT:yfgs} sfo{qmdx? agfOg' kg{] . o; sfo{sf] k|rf/k|rf/ Pj+ Joj:yfkgsf nflu /fli6«o d'l:nd cfof]usf] s]lGb|ob]lv :yfgLo tx;Ddsf] ;ldlt agfOg' kg{] .

$= ;+kbf ;+/If0f / ljsf; ug{ d'l:nd cfof]u tyf o;;Fu ;DjlGwt ;/sf/L Pj+ u}/;/sf/L lgsfodf :jb]zL tyf ljb]zL ;xof]u h'6fO{ sf]if v8f ul/g' kg{] . ;f]xL sf]ifaf6 d'l:nd ;Dkbf ;+/If0f Pj+ ;j4{g u'?of]hgf agfO{ nfu" ul/g' kg{] . To;f]ubf{ dl:hbdf c?sf] ;xof]u glng] h:tf d'l:nd dfGotfdf cfFr k'Ug lbg' gx'g] .

%= yl/yl/sf ljZjf; / Jojxf/ af]s]sf d'l:ndx?sf] klxrfgnfO{ Ps?ktfdf Nofpg] / ;dfgtfnfO{ cfb/ ub{} Ps d'l:nd dhxjL Joj:yf tof/ kfl/g' kg{] . o;sf nflu d'l:nd wd{sf lj1x?s]f 6f]nL agfOg' kg]{ .

^\_ ljleGg lhNnfdf a;]sf d'l:ndx?sf /fd|f cWof;x? kfOPsf lyP . cfkm\gf] wfld{s cf:yfnfO{ ;3fp k'Ug] o:tf cEof;x?sf] lnvt /fVg] / k/Dk/fut tyf cfw'lgs ;+rf/sf ;fwgx?af6 ltgsf] k|rf/k|;f/ ug{] . h:tf] slknj:t'sf] sj|:yfgdf ?v nufpg] cEof; 5 . tgxF'sf] d'l:nd j:tLdf d'l:nd / u}/d'l:nd j:tLsf ;a} rf8kj{df Pscsf{nfO{ lgDtf ug{] cEof; 5 . gjnk/f;Lsf] db/jfjfsf] dhf/nfO{ u}/ d'l:ndx?n] klg dfGg] u/]sf 5g\ . d'l:nd snf sf}zn qmdzM c?sf klg ;Dkbf x'+b} uPsf 5g\ . o:tf s'/fx? a6'NfL] j]a;fO6 tyf km];a'sdfkm{t k|rf/ ug]{ u/fpg] Joj:yf ldnfOg'kg{] . d'l:nd ;+3;:yfn] klg of] sfd ug{ ;S5g\ . o;/L ;+slnt hfgsf/LnfO{ Ob tyf jsl/bsf a]nfdf gdfh kl5 jf cl3 ;fj{hlgs ug{] / tbg';f/ cGoq klg /fd|f cEof;x?nfO{ ;+:yfut ug{] k|jGw ul/g' kg{] .

&= cWoog ul/Psf lhNnfx?sf cg'e"ltsf cfwf/df l;kmf/L; ul/G5 ls a/]nL, b]pjGbL tyf cxn] xlb; dStAf] lkmqmsf df}nfgf tyf df}njLx?sf larf/df e]l6g] km/s km/s ljZjf; Pj+ Jojxf/nfO{ Wofgdf /fvL df}njL, df}nfgf tyf cGo d'l:nd la1nfO{ tflnd lbg] k|fl1s /fli6«o ;+:yf :yfkgf ul/g' kg{] . o:tf] ;+:yfn] :yfgLo tyf s]Gb| :t/ Pjd\ cGt/fli6«o :t/df df}njL /+ df}nfgf tyf cGo d'l:nd lj1nfO{ tflnd tyf cled'lvs/0f ug]{ . j+unfb]zdf /fli6«o u}/;/sf/L ;+:yfn] of] sfdsf] lhDdf lnPsf] 5 .

\*= d'l:nd ;d'bfodf hGdb]lv d[To';Ddsf ;+:sf/x?sf] ljZn]if0f u/L ltgsf] j}1flgstf vf]lhg' kg]{ . o;sf] lglDt /fli6«o d'l:nd cfof]usf]tkm{af6 ;+:s[ltljb\ / j}1flgsx?sf] 6f]nL u7g ul/g' kg{] .

( d'l:nd / u}/ d'l:ndsf ;xsfo{df ljutdf ePsf ;Dkbf ;+/If0f, cfk;L d]nldnfk, ljjfbsf] l5gf]kmfgf] h:tf s'/fx?sf] lnvt /flvg'kg]{ . ;f]xL lnvtaf6 ;+efJo ;xsfo{ / ;xof]usf ;f+:s[lts, z}lIfs, ef}lts pkfox?sf] vf]hL ul/g' kg{] . o; sfo{df :yfgLo o'jf, /fhgLlts bnsf ;b:o tyf lzlIft JolQmx?sf] pkof]u ul/g' kg{] .

!) s'/cfg / xlb;jf6 wfld{s ;befj a9fpg] ljifosf clt/lQm lgDg s'/fx? ;d]t vf]tnL To;sf] k|of]u, k|efjsfl/tf Pj+ a}1flgstfsf] k|rf/ u/L ltgnfO{ ;+:yfut ul/g' kg]{ . d'ntM vf]lhg'kg]{ laifox? lgDg x'g ;S5g\ M afnaflnsfsf] kjf{l/z, a'9fa'9Lsf] x]/rfx, afnaflnsfsf] lzIff, dlxnfsf] clwsf/ , dfgj clwsf/, afn clwsf/, a'9fa'9Lsf] clwsf/, ;/;kmfOsf] tl/sf, lzIf0f snf, n'ufkmf6f] vfgkfg, /xg;xg, tnfsL dlxnfsf] clwsf/, laleGg wdf{jnlDa;Fusf] ;DaGw, cflb .

!@ wfld{s ko{6sLo b[li6n] gjnk/f;Lsf] dbf/jfjf tyf 3f]8kfnL / /hf dl:hb, tgx"'++sf] ;tL:jf/f / lsx'+ uf+pdf ePsf dl:hbx?, slkna:t'sf] dlbgf dl:hb, ?kGb]xLsf] /hfo] d':tfkmf, P+j bf+ªsf] b]pv'/Ldf ePsf dl:hbx?sf] ljsf;ug{ ;lsg] ;+efjgf b]lvof] . o;sf cfwf/df lhNnf Pj+ s]Gb|Lo txdf gLlt agfO{ ltgnfO{ wfld{s ko{6sLo If]q agfpg] Joj:yf ul/g' kg{] .

!# db/;fdf cWoog ul//x]sf ljBfyL{ tyf ltgsf lzIfssf] ?kdf /x]sf df}njL df}nfgfx?sf] z}lIfs :t/ ;dsIfL agfpg sIff ! b]lv d'k\mtL;Ddsf nflu k'n];f] kf7oqmd agfO{ nfu' ul/g' kg{] . kf7oqmd lj1, tflnd lj1, ;DjlGwt txsf k/LIff lj1, / d'l:nd lj1sf] ;xsfo{df of] sfd ul/g'kg]{ .

!$ d'l:ndx?sf ef}lts, ;f‘:s[lts, ;flxlTos Pj++ snfsf}znLo ;Dkbfx?sf] ;Daw{g / lasf;sf nflu lgDglnlvt pkfox? ul/g'kg{] -s\_ d'l:nd wd{u'? / lj1x?sf] ;xdltdf b]ze/sf ef}lts, ;f‘:s[lts, ;flxlTos Pj++ snfsf}znLo ;Dkbfx?sf] dxTj klxrfg ul/g' kg{] -v\_ tbg';f/sf lj1x?sf] 6f]nLn] ;DalGwt If]qsf] j[xt of]hgf agfpg' kg{] -u\_ o;/L ag]sf of]hgfx?nfO{ /fli6«o d'l:nd cfof]usf kbflwsf/Lx?aLr 5nkmn u/L s]Gb| tyf :yfgLo :t/df sfof{y{ k7fOg'kg]{ -u\_ sfof{Gjogsf] cg'udg /fli6«o d'l:nd cfof]un] ug{'kg{] -3\_ ;+rf/sf dfWoddfkm{t cg'udg k|ltj]bg ;j{hlgs ul/g'kg{] . d'l:nd ug{' . -ª\_ d'l:nd wdf{jnDaLsf ;f‘:s[lts dxTjsf rf8kj{, snfsf}zn / l/tLl/jfhsf] lasf;sf pkfox?sf] klxrfg ug{' .

## cg';'rL ! cWoog ;fdfu|Lx? (Study Tools)

/fli6«o d'l:nd cfof]un] dl':nd ;d'bfosf] wfld{s tyf ;f+:s[lts ;Dkbfsf] cj:yf yfxf kfpg a}slNks lzIff tyf ljsf; k|lti7fgdfkm{t of] cWoog ;+rfng eO/x]sf] 5 . of] cWoog tgx'F, bfª, gjnk/f;L, :kGb]xL / slknj:t' lhNnfsf d'l:nd ufpFx?df x'g] 5 . ufpFx?sf] 5gf}6 /fli6o d'l:nd cfof]u / lhNnfl:yt ;/f]sf/jfnfx:;+u 5nkmn u/]/ ul/g] 5 . d'Vo hflgkmsf/ AolQm;+u cGt{jftf{, s]lGb|s[t ;d'xut 5nkmn / :ynut cjnf]sgsf] dfWodjf6 d'l:nd ;+Dkbf ;DjGwL tYofÍ ;+sng ul/g] 5 . df]njL, df}nfgf / cGo :yflgo AolQmdWo]jf6 d'Vo pTt/bftf 5gf}6 ul/g] 5 . d'l:nd cu'jf, :yflgo d'l:nd ;+u7gx?sf g]t[Tjstf{ / lhlj;;+u k|To]s lhNnfdf dl':nd ;+Dkbf ;DjGwL cGt{ls|of ;+rfng ul/g] 5 .

d'l:nd ;+Dkbf ;DjGwL tYofÍ ;+sng ug{ km/s km/s ljlwx? ckgfOg] 5 . h:t} ef}lts ;+Dkbf ;DjlGw tYofÍx? s]lGb|s[t ;d'xut 5nkmnjf6 (FGD), s'/cfg / xlb;sf] ;ldIffaf6 u|Gy ;+kbf ;DalGwt ;"rgfx? (Review of Literature), snf tyf snfTds ;fdfu|L ;DalGw hfgsf/Lx? :ynut cjnf]sg / ljleGg If]q tyf ;d'bfo÷;Dk|bfosf :yflgo AolQmx?;+usf] 5nkmnjf6 (cross sectional discussions/KII) d'l:nd tyf u}x| d'l:nd;+usf] ;fdflhs ;+Dkbfsf] klxrfg tyf tYofÍ ;+sng ul/g] 5 .

**1. cWoog If]qsf] ;fdfGo hfgsf/L:**

|  |
| --- |
| s) lhNNff: v) uflj;: u) jf8{: 3) jl:t:  ª) ;+Dkbfsf] lsl;d:  cGt{jftf{ lng]sf] gfd: ldlt: |

1.1 **5nkmndf ;xefuLx?sf] ;fdfGo kl/ro**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **gfd** | **ln‹** | **pd]/** | **hfthflt** | **lzIff** | **k];f** |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

**3. lhNnf÷ufpFdf ePsf ef}lts ;+Dkbfx?**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| ;Dkbfsf] gfd | hDdf ;+Vof | :yfkgf ePsf] ;fn | ;D+kbfn] cf]u6]sf] If]qkmn -x]s6/df\_ | ;Dkbfn] rr]{sf] hUufsf] :jfldTj sf];+u 5 < + | xfnsf] ;D+kbfsf cj:yf | ;D+kbfnfO hf]ufpg / Jojl:yt u/fpg ul/g' kg]{ sfo{x? | ljsf; tyf k|j4{g ul/+bf k'u]sf / k'Ug;Sg] nfex? |
| d:hLb |  |  |  |  |  |  |  |
| db/;f |  |  |  |  |  |  |  |
| Obufxf |  |  |  |  |  |  |  |
| sf/ljnf |  |  |  |  |  |  |  |
| sa|:yfg |  |  |  |  |  |  |  |
| cGo |  |  |  |  |  |  |  |

*olb Pp6} ufpFdf Ps} lsl;dsf ;+kbf PseGbf a9L ePdf Pp6f eGbf a9L l;6sf] k|of]u ug'{ xf]; .*.

**3.1 ef}lts ;+Dkbfx? / ltgLx?sf] dxTj**

|  |  |  |  |
| --- | --- | --- | --- |
| ;+Dkbfx?sf] gfd | ltgLx?sf] dxTj s'g txdf 5 < -:yflgo If]lqo, /fli6«o, cGt/fli6«o\_ | Ps aif{sf tL :yfgdf cfpg] ko{6ssf] ;+Vof | |
|  |  | d'l:nd | u}x|d'l:nd |

3.1 ;+Dkbfx? s;/L Aoj:yfkg x'b} cfPsf 5g\?

3.2 ;D+kbfx? ;+rfng ug{ ;d'bfon] s;/L of]ubfg k'/\ofPsf 5g\?

3.3 ;+Dkbfx?sf] ;+rfng, k'g/ lgdf{0f / dd{t ;+ef/sf nflu afXo ;xof]u kfpg' ePsf] 5? olb kfpg' ePsf] 5 eg] To;sf] la:t[t ljj/0f lbg' xf];\ ..

**4. cg'i7fg, ;++:sf/ / nf]s hLjg ;++DjGwL ;+Dkbfx?**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| hGdb]lv d[To' ;Ddsf k|bQ ;+Dkbfx? -h:t} hGd, ljjfx d[To', cflb\_ | cg'i7fg -In Rites) | ;+:sf/x? | Nff]s lhjg (In Folklores) | oL ;+kbfsf] ;+/If0f / ;+Djw{gsf nflu ul/g' kg]{ pkfox? |
|  |  |  |  |  |
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|  |  |  |  |  |

**4.1 rf8jf8, d]nfkj{ / ef]h et]/**

|  |  |  |  |
| --- | --- | --- | --- |
| rf8jf8, d]nfkj{ / ef]h et]/sf] gfd | oL s'g dlxgfdf kb{5g\ < | logLx? leqsf uf}/j ug]{kf6fx? | oL ;+DkbfnfO{ ;+/If0f / ;+Djw{g ug]{ pkfox? |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**6. O:nfdsf kfFr :tDex? / ef}lts ;+Dkbf afx]s cGo k/+k/fut ;+:yfx? / ltgLx?sf sfo{x?**

|  |  |  |  |
| --- | --- | --- | --- |
| ;+:yfx?sf] gfd | ltgLx?sf] cy{ | ltgLx?sf] d'l:nd ;d'bfodf e"ldsf | tL ;+Dkbfx?nfO{ ;+/If0f / ;+Djw{g ug]{ ;+DefAo pkfox? |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**6.1 k|yfut sfg"gx?**:

k/+k/fut zlQm x:tfGt/0fsf] lgod, e"ldsf / pQ/bfloTj, åG4 Aoj:yfkg, /fhgLlt kl/rfng, dlxnf tyf k'?if k|ltlglwTj / ;xeflutf;DjGwL d'l:ndsf sfg"gL ;+Dkbfx? :

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**7. lrqsnf / jf:t'snf ;DjlGw ;+Dkbfx?**

7.1 3/sf] jf:t'snf, jl:tsf] :j?k, d"lt{ / lrqx?sf] ljj/0f

a. df6fsf jt{g lgdf{0f -Pottery) b. af:s]6 lgdf{0f (Basketry) c. a'gfO / l;nfO -Weaving and Stitching) d. r'/f / kf]t] lgdf{0f -Bangle and pote making)

**8. ;d'bfosf] ljrf//ljZj b[li6 -People's perception/worldview)**

1**.** d'l:nd / u}/ d'l:ndx?sf] Pscsf{sf wfld{s / ;f+:s[lts k|yfx? ;DjGwL b[li6sf]0f s:tf 5g\?

2. d'l:nd / u}/ d'l:ndsf] Pscsf{sf wfld{s / ;f+:s[lts k|yfx?nfO{ s;/L a'em\b5g\?

3.5 O:nflds/d'l:nd ;f+:s[lts ;Dkbfsf] ;+/If0f / ljsf;df cGt/ wfld{s ;lxi0f'tf jf 4G4sf] k|efj s:tf] b]lvG5 <

**9. O:nflds/d'l:nd ;f+:s[lts ;Dkbfsf] ;+/If0f ug{ ag]sf gLlt lgod / sfo{s|dx?**

**9.1** O:nflds/d'l:nd ;f+:s[lts ;Dkbfsf] ;+/If0fsf If]qdf sfo{/t ;+3;+:yfx?

|  |  |  |  |
| --- | --- | --- | --- |
| ;+3;+:yfx?sf] gfd | :yfkgf ePsf] ;fn | sfo{s|dx?sf] If]qut bfo/f | xfn;Dd ePsf sfo{x?sf] ;"lr |
|  |  |  |  |

! O:nflds / d'l:nd ;f+:s[lts ;Dkbf ;+/If0f / sfof{oGjog ug{ ag]sf /fli6«o gLltx? -cj;/ / r'gf}lt\_.

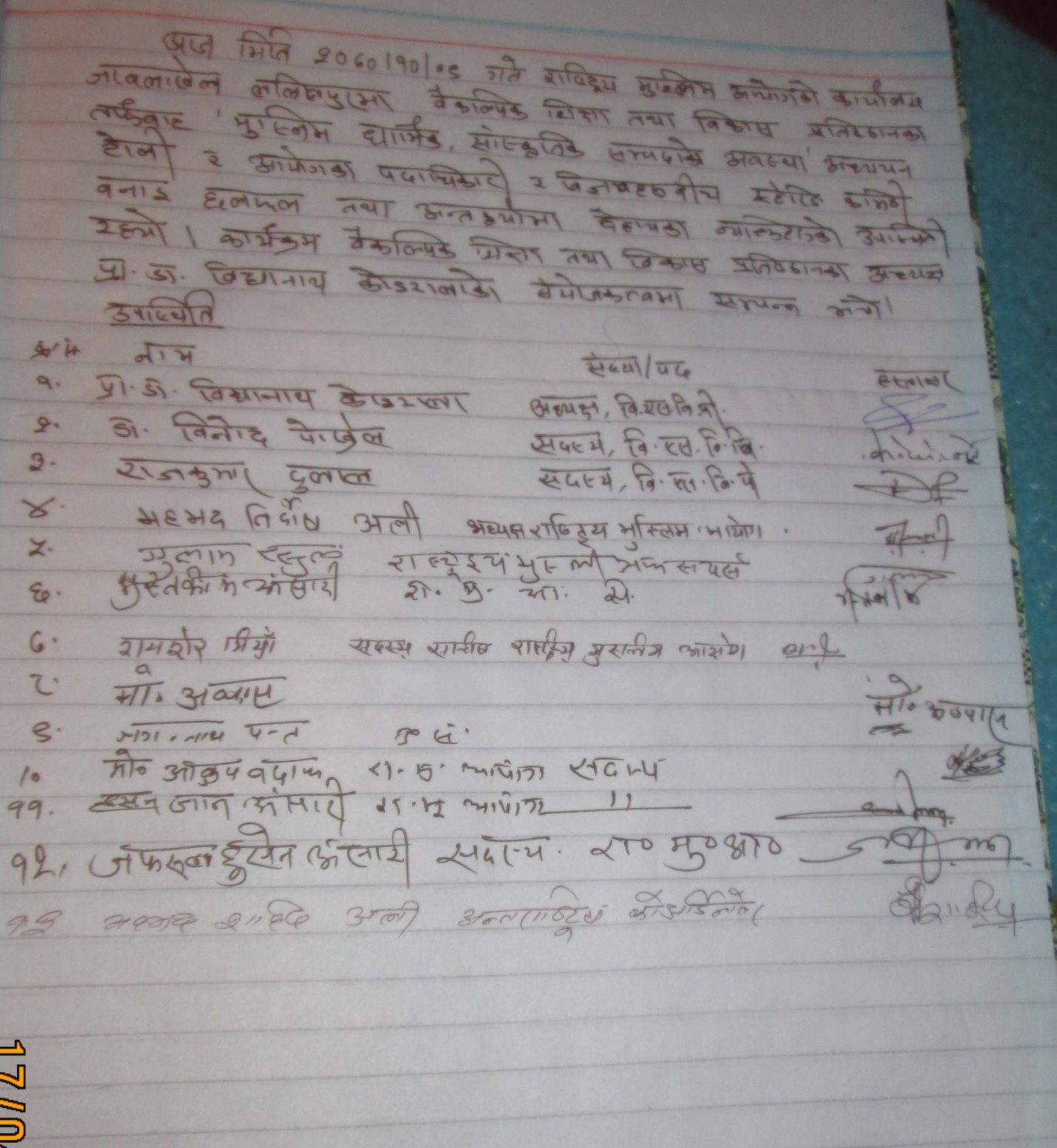
@ /fhgLlts bn, ;/sf/L / u}X| ;/sf/L ;+:yf, ;d'bfo AolQmsf] O:nflds / d'l:nd ;f+:s[lts ;Dkbf ;+/If0fdf e"ldsf

# O:nflds / dl':nd ;f+:s[lts ;Dkbf vf]h, pGglt / ;+/If0f ug{ d'l:nd ;d'bfo / ;ldltn] ;/sf/;+u u/]sf] clkn cyjf u'gf;fx?

$. O:nflds / dl':nd ;f+:s[lts ;Dkbfsf] ;+/If0f -laBdfg ;Dkbfsf] af/]df hgr]tgf clej[l2 ug{ \_ oxfx?sf] s]xL ;'emfj jf l;kmfl/; eP lbg' xf]nf .

*b|i6AoM cWoog 6f]nLn] cWoog ul/g] ;d'bfosf] k"j{ :jLs[ltdf ;Dkbfsf t:jL/x? lvRg] 5 .*

## cg';'rL @ /fli6«o d'l:nd cfof]udf ePsf] 5nkmnsf ;xefuLx?



## cg';'rL # cWoogstf{n] klxNofPsf s]xL dl:hbx?

g'/fgL hfd dl:hb jufx–)#, b'j}lnof

dlbgf dl:hb, jf]bfjf/–(, ks8Lxjf

dl:hb g'/L uf]gxf–)(, ;f]d/xgf

dl:hb uf}l;of cxn] ;'Ggt u/Lj gjfh kf]vleG8L–)%, v'/x'l/of

hfd] dl:hb k;f{of]s, n'lDjgL

/fhfo] d':tkmf dl:hb ;ldlt j'6jn

dlbgf dl:hb, j'6jn dl:hb/f]8

hfdf dl:hb l;loo7 l;bL cxdb j'6jn

hfd] dl:hb cNf ;lNkmof

3f]/fxL g=kf= jf8{ g+= –@

km}hfg] uf}lzof dl:hb

3f]/flx !! bfª

sfbl/of hfd] dl:hb, t'N;Lk'/

hfd] d:lhb

u9jf, bfª

g'/L dl:hb, k;{}gL u+ufk/:k'/

/hf hfdf dl:hb

/fduf|d g= kf @, gjnk/f;L

Dl:hb 3f]8kfnL

/fduf|d g= kf #, gjnk/f;L

/hf k'/fgf] hfdf Dl:hb

/hf dl:hb u}fl;of hfdf

s'zdfxf &

sfbl/of cxn] ;'Ggt km}h'n cf]n'd /fduf|d ^ kf]v/fkfln

s'l8of dl:hb s'l8of \*, gjnk/f;L

Gf"/LxGkmLhfdf, dl:hb

la=;+ @)#%

7"nf] dl:hb j8f g+= % ldofFufp

%)) jif{ cufl8

Tfnsf] dl:hb j8f g+= % ldofFufp

@)) jif{ cufl8

Kf/L dl:hb

@)) jif{ hlt cufl8

buf{hfd] dfemufpF

!#!&

as}n] hfd] dl:hb as}n] $

!\*&!

u}/fufFp dl:hb u}/fufpF

la=;+ !())

Dfl:hb lrnfpg] vs{ #

la=;+ @))!

Gf"/Ljgs6f hfd] dl:hb ags6f %

la=;+ @))@

;L/fg ufpF %, la=;+ @))#

## cg';'rL $ cWoogstf{n] klxNofPsf s]xL db/;fx?

sfbl/of cxn] ;'Ggt k}mh'n cf]n'd

uf}l;of cxn] ;'Ggt jf]bjf/–(

bf?nx'bf O:nfldof

uf}l;of cxn] ;'Ggt u/Lj gjfh

pd/ ljg vTtfa k;f{rf]s

/fhfo] d':tkmf db/;f a'6jn

dlbgf db/;f

db/;f bf?nx'bf cN;lNkmof k|f=la=

3f]/fxL g=kf= jf8{ g+= –@

db/;f cxn] ;Ggt uf}lzof dZns} cf}nfxh/t kf| lj

km}hfg] d':tdf k|f lj, t'N;Lk'/

bf?;nfd cN;lkmof

u9jf ,bfª

db/;f cxn] ;'Ggt

u+uf k/:k'/ v8uk'/

db/;f cxn] ;'Ggt km}hfg] /h

k;{}gL u+ufk/:k'/

db/;f clhhLof lhnfpg cf]n'd

/fduf|d g= kf @, gjnk/f;L

cn dxfb'n OZnfld cN;kmLof

/fduf|d g= kf #, gjnk/f;L

db/;f tfh'n cf]n'd, s'zdfxf &

Df]fxDdlbof cxn] ;'Ggt

s'l8of \* gjnk/f;L

d'g:6f/ cfjfl;o dbzf]

@)#^

Vf'bfjsz dbzf] dfem ufpF $

xfglkmof dbzf] afFs] kzn %

db/;f hfldof O:nfldof

gOldof

db/;f d's{hL gOd'ncf]n'd

uf}l;of k}mh"n /;"n d':tfkmf

kmhn] /xdflgof k|f=lj